

## Original Article

# Genetic variants of STAT4 are associated with ankylosing spondylitis susceptibility and severity in a Chinese Han population

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**Abstract:** Objective: Genetic factors play an important role in ankylosing spondylitis (AS) etiology and signal transducer and activator of transcription 4 (STAT4) gene polymorphisms may be involved. The aim of this study was to test whether STAT4 variants were associated with susceptibility to AS in a Chinese population. Methods: A total of 175 subjects who were diagnosed as AS and 249 healthy age-matched controls were enrolled in the present study. The rs7574865 G/T SNP in STAT4 gene was genotyped in all the subjects. The SPSS software was used to investigate the association between the rs7574865 genotypes and AS susceptibility or severity. Results: Rs7574865 G/T was found to be significantly associated with increased risk and severity of AS. Conclusion: Our data demonstrated the STAT4 rs7574865 G/T SNP was significantly associated with increased AS susceptibility and severity in Chinese Han Population.

**Keywords:** Ankylosing spondylitis, STAT4, gene polymorphism, Chinese Han population

## Introduction

Ankylosing spondylitis (AS) is a subset of spondyloarthritis, which is characterized by chronic inflammatory arthritis that affects the spine and sacroiliac joints, causing characteristic inflammatory back pain, stiffness, and can lead to structural and functional impairments and a decrease in quality of life [1]. It is associated with a number of other features including peripheral arthritis, anterior uveitis, psoriasis and inflammatory bowel disease (IBD). The AS affects 0.55% of European and 0.23% of Chinese populations, but is uncommon in Africans and Japanese, and occurs more frequently in men than in women, at a ratio of 2:1 [2-4]. Whereas effective treatments are available that suppress inflammation and improve symptoms, there are not yet any treatments that have been shown to robustly slow the rate of ankylosis or induce disease remission.

Significant progress has been made in the genetics of AS in the past years, leading to new treatments in trial, and major leaps in under-

standing of the aetiopathogenesis of the disease. Ankylosing spondylitis is highly familial (sibling recurrence risk ratio of > 52%) and heritable ( $h^2 > 90\%$ ) [5, 6], with strong association with the human leucocyte antigen HLA-B27 gene. More than 80% of cases are positive for the HLA-B27 allele, but only a minority of HLA-B27 carriers develop ankylosing spondylitis (1-5%) [7, 8]. The low proportion of HLA-B27 carriers who develop ankylosing spondylitis reflects the fact that numerous other non-HLA-B27 variants are likely to influence disease susceptibility [5].

Signaling transducers and activators of transcriptions (STATs) are latent cytoplasmic transcription factors that induce the transcription of their target genes by recognizing specific DNA consensus sequences. The STAT4 gene that maps to chromosome 2q33 is expressed in activated peripheral blood monocytes, macrophages and dendritic cells at the sites of inflammation [9]. STAT4 transmits signals induced by interleukin-12 (IL-12), interleukin-23 (IL-23) and interferon- $\gamma$  (IFN- $\gamma$ ), which are key cytokines in

**Table 1.** The summary of the basic characteristics of the groups

Clinical Characteristics	AS Patients	Controls	P-Value
No.	175	249	
Age (years)	28.3±9.2	27.1±6.8	n.s
Female/Male	54/121	77/172	n.s
Radiographic severity of AS			
1	42	0	
2	41	0	
3	54	0	
4	38	0	

the development of autoimmune diseases [10, 11]. Also, the STAT4 plays pivotal roles in the differentiation and proliferation of both T helper 1 (Th1) and T helper 17 (Th17) cells [11], which are crucial effectors in chronic inflammatory disorders. Given above, the STAT4 gene may play an important role in the pathogenesis of various autoimmune diseases like AS and rheumatoid arthritis (RA). To date, the SNP rs7574865 in STAT4 gene has been reported to be associated with an increased risk for diverse complex autoimmune diseases in different ethnic populations, such as RA [12-16]. However, few studies were performed to investigate the relationship between STAT4 SNPs and AS susceptibility.

Accordingly, the aim of this study is to explore the association of STAT4 gene polymorphism (rs7574865) and the susceptibility and severity of AS. We performed genotyping analyses for STAT4 rs7574865 G/T with a case-control study in a Chinese Han population.

## Method

The study was approved by the ethics committee of the affiliated hospital, and informed consent was obtained from patients and control participants.

### Study population

A total of 175 patients diagnosed with AS and 249 age/sex-matched healthy controls who had no symptoms or signs of AS, other types of spondyloarthritis, and any autoimmune diseases were recruited in this study. All subjects included in this study were Chinese Han Population. The diagnosis of AS was based on the criteria of the American College of Rheumatology (modified New York criteria) [17]. Sacroiliitis

was confirmed by computed tomography (CT). Radiographic severity of AS was graded by CT on a scale of 1-4 (grade 1: suspicious; grade 2: sclerosis, some erosions; grade 3: severe erosions, widening of the joint space, some ankylosis; and grade 4: complete ankylosis) [18]. The clinical and radiological assessment were performed by two independent examiners who were blinded to the clinical information. Disagreements were resolved through discussion and consensus. The control subjects were consecutively selected among individuals without a personal and family history of AS, other types of spondyloarthritis, or any autoimmune diseases.

### Genotyping

DNA samples were obtained from all the participants from peripheral blood with the Chelex-100 method [19]. The SNPs were then genotyped using Taqman assay (Applied Biosystems 7500, ABI, Foster City, CA) and dual-labeled probes in real-time PCR. The primers and probes were designed and synthesized by Sigma (Sigma-Proligo, The Woodlands, TX). Genotyping was performed by independent laboratory personnel who were blinded to the study, and three authors independently reviewed the genotyping results, data entry, and statistical analyses. In addition, we randomly selected 5% samples of case and control subjects for reproducibility tests at least twice in different days and yielded a 100% concordant.

### Statistical analysis

The Statistical Package for Social Sciences software (SPSS, Inc., Chicago, IL, USA), version 16.0 for Windows was used in this study. The demographic and clinical data were presented as Mean ± SD and compared between groups by the Student's t-tests. The genotype and allelic frequencies were evaluated by Hardy-Weinberg equilibrium and compared by the Chi-square test. The association between the STAT4 rs7574865 polymorphism and AS susceptibility was assessed under the following genetic models, which were treated as a dichotomous variable: (i) T-allele versus G-allele for allele level comparison; (ii) GT + TT versus GG for a dominant model of the T allele; (iii) TT versus GT + GG for a recessive model of the T-allele; and (iv) TT versus GG for the extreme genotype. And the relationship between variants and the

**Table 2.** The genotype and allele distributions of the SNP rs7574865 for the cases and controls

Group	Allele (%)					H-WE		
	GG	GT	TT	GT + TT	GT + GG	TT	G	T
Control	130	102	17	119	232	17	72.7	27.3
Case	72	81	22	103	153	22	64.3	35.7
OR (95%CI)	/	/	1.34 (1.17 to 4.68)	1.56 (1.06 to 2.31)	/	1.96 (1.01 to 3.82)	/	1.48 (1.22 to 1.79)
P	/	/	0.0194	0.0297	/	0.0594	/	< 0.0001

**Table 3.** The association of SNP rs7574865 and radiographic severity (logistic regression analysis)

SNP	Allele	CT 1 MAF	CT 2 MAF	CT 3 MAF	CT 4 MAF	P	OR (95% CI)
rs7574865	T	26.6	33.3	36.4	48.3	0.002	1.92 (1.41-2.61)

radiographic severity of the disease was examined by logistic regression analysis. The  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

### Patient characteristics

Demographic data of the population studied and the number of individuals in each group were shown in **Table 1**. There were no significant differences between groups in terms of age and gender. 23 cases were ascertained as grade 1 (suspicious), 51 as grade 2 (sclerosis, some erosions), 77 as grade 3 (severe erosions, widening of the joint space, some ankylosis), and 24 as grade 4 (complete ankylosis).

### Association of STAT4 polymorphism (rs7574865) with AS

As expected, the distribution of the genotype of SNP rs7574865 conformed to the Hardy-Weinberg equilibrium and the genotyping success rate was 100%. **Table 2** listed the genotyped and allele distributions of the SNP rs7574865 for the cases and controls. The genotype frequencies of the STAT4 rs7574865 G/T polymorphism were 41.1% (GG), 46.3% (GT) and 12.6% (TT) in AS patients, and 52.2% (GG), 41.0% (GT) and 6.8% (TT) in controls ( $P=0.0302$ ). For allele level comparison, the STAT4 rs7574865 T allele was associated with an increased risk of AS in terms of the frequency of allele comparison (T vs. G: OR=1.48; 95% CI=1.22-1.79,  $P < 0.0001$ ). For a dominant model of the T allele, the GT + TT genotypes were associated with the risk for AS (GT + TT vs. GG, OR=1.56, 95% CI=1.06-2.31,  $P=0.0297$ ). For a recessive model of the T allele, the TT homozygote genotype was not associated with susceptibility to AS (TT vs. GT

+ GG. OR=1.96, 95% CI=1.01-3.82,  $P=0.0594$ ). For the extreme genotype, the TT genotypes were associated with the risk for AS (TT vs. GG, OR=1.34, 95% CI=1.17-4.68,  $P=0.0194$ ).

We also analyzed the correlation between the STAT4 SNPs rs7574865 genotype and CT scores by logistic regression analysis, and found that rs7574865 was possibly linked to the radiographic severity of the disease (**Table 3**).

## Discussion

AS involves interactions among genetic, environmental, and demographic factors, among which the genetic background is important determinants of AS. The most important finding of this study was that the STAT4 rs7574865 variant was significantly associated with increased AS susceptibility and radiographic severity in Chinese Han Population.

Much evidence from both animal models and humans has been accumulating to support the involvement of STAT4 in autoimmune diseases, including systemic lupus erythematosus, type I diabetes, primary Sjogren's syndrome, juvenile idiopathic arthritis, Crohn's disease, psoriasis, and RA. STAT4 is an important signaling molecule for IL-12, IL-23 and IFN- $\gamma$ , which are key cytokines in the development of autoimmune diseases. Impaired autoimmune development was found in STAT4-deficient mice. It has also been found that STAT4 plays a crucial role in the function of innate and adaptive immune cells. For example, STAT4 was found to have a role in CD4+cell fate, to be necessary for generation of TH1 responses, and to play a role in TH17 cell differentiation, which made crucial effectors in chronic inflammatory disorders [10, 11, 20]. All these suggest the STAT4 may be an effective therapeutic target for autoimmune diseases.

The rs7574865 single nucleotide polymorphism (SNP) is located in the third intron of the STAT4 gene, it is considered to be responsible for splice variation or regulatory effects of STAT4, but its actual functional consequence remains to be identified [15]. A previous study reported rs7574865 SNP was in complete linkage disequilibrium (LD) with the other two strongest systemic lupus erythematosus (SLE) associated SNPs, indicating the relationship between rs7574865 SNP and autoimmune diseases like SLE [21]. Similar results were found that lupus patients with the minor rs7574865 allele of STAT4 exhibited lower levels of serum interferon- $\alpha$ , but stronger biological responses to this cytokine [22]. Also it was reported that the level of STAT4 expressed in peripheral blood mononuclear cell was correlated with the risk allele of rs7574865 [23]. Also, the SNP rs7574865 in STAT4 gene has been reported to be associated with an increased risk for RA in various studies. However, few studies were performed to investigate the relationship between STAT4 SNPs and AS susceptibility.

The most important limitation of the present study is the relatively small sample size. A single center case-control study is not sufficient to fully interpret the relationship between STAT4 polymorphisms and susceptibility to AS. Further study with multiple population and larger sample size is needed.

## Conclusion

In conclusion, our data demonstrated the STAT4 rs7574865 SNP was found to be significantly associated with increased ankylosing spondylitis susceptibility and severity in Chinese Han Population.

## Disclosure of conflict of interest

None.

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