



الجمهورية الجزائرية الديمقراطية الشعبية
وزارة التعليم العالي والبحث العلمي
جامعة وهران للعلوم والتكنولوجيا " محمد بوضياف "
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Course Handbook

Hygiene and Safety in the Laboratory

This course, « Hygiene and Safety in the Laboratory », is intended for third-year undergraduate students specializing in Plant Biotechnology and Genomics.

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Academic Year: 2024-2025

Semestre : 05

Unité d'enseignement : transversale UET

Matière : Hygiène et sécurité au laboratoire

Crédits : 1

Coefficient : 1

Objectifs de l'enseignement

L'objectif de cette UE est l'acquisition des réglementations relatives à la l'hygiène et à la sécurité au Laboratoire

Contenu de la matière

Chapitre 1 : Consigne générale d'hygiène et de la sécurité en laboratoire

- 1- Rappel sur la notion de risque en laboratoire
- 2- Tenues et équipements de protection

Chapitre 2 : Risques chimiques

- 1- Information générale sur le risque chimique
 - Classification des produits chimiques
 - Notion de substances et mélanges
 - Chaine de transmission et les effets sur l'homme et l'environnement (acquisition, stockage, transport)
- 2- Elimination des déchets

Chapitre 3 : Hygiène, sécurité et bonne pratique en laboratoire

- 1- Règle de sécurité relative à la paillasse
 - Evaluation des risques
 - Entretien, nettoyage, désinfection et décontamination du matériel
- 2- Règle générale de radioprotection
- 3- Règle de sécurité liée à la manipulation des lasers

Chapitre 4 : Gestion des situations accidentelles

- 1- Détection d'incendie
- 2- Accidents chimiques
- 3- Moyens d'extinction
- 4- Evacuation

Mode d'évaluation : Examen final 100%

Semester: 05

Teaching Unit: Transversal Unit (UET)

Course Title: Laboratory Hygiene and Safety

Credits: 1

Coefficient: 1

Course Objectives

The objective of this course is to provide students with the knowledge and understanding of the regulations and standards related to hygiene and safety in laboratory setting.

Course Content

Chapter 1: General Hygiene and Safety Instructions in the Laboratory

- 1- Introduction to the concepts of laboratory risk
- 2- Laboratory attire and personal protective equipment (PPE)

Chapter 2: Chemical Risks

- 1- General information on chemical hazards
 - Classification of chemical products
 - Definition and distinction between substances and mixtures
 - Transmission chain and effects on humans and the environment (acquisition, storage, transport)
- 2- Waste disposal procedures

Chapter 3: Hygiene, Safety, and Good Laboratory Practices

- 1- Safety rules related to the laboratory bench
 - Risk assessment
 - Maintenance, cleaning, disinfection, and decontamination of equipment
- 2- General principles of radiation protection
- 3- Safety measures related to laser handling

Chapter 4: Management of Accidental Situations

- 1- Fire detection systems
- 2- Chemical accident response
- 3- Fire extinguishing methods and equipment
- 4- Evacuation procedures

Evaluation Method: Final exam (100%)

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Introduction

In the context of scientific research and technological development, laboratories are indispensable environments for experimentation, innovation, and applied learning. However, the laboratory setting is also a high-risk area, particularly when handling chemical, biological, or radiological agents. For students specializing in Plant Biotechnology and Genomics, a strong foundation in laboratory hygiene and safety is essential, not only for personal protection but also for ensuring the validity and reproducibility of experimental results.

This course, “**Hygiene and Safety in the Laboratory**”, is intended for third-year undergraduate students specializing in **Plant Biotechnology and Genomics**. It is specifically designed to equip students with the essential knowledge and skills required to work safely and responsibly in research and diagnostic laboratories. The course emphasizes the principles of biosafety, chemical safety, radiation protection, and emergency response, all within the framework of plant biotechnology and molecular biology practices.

The first chapter introduces general safety and hygiene rules, including the identification of potential hazards, the use of personal protective equipment (PPE), and the adoption of behaviors that minimize exposure to dangerous agents. Students will learn how to assess risk in experimental procedures and maintain a clean and organized workspace to prevent contamination.

The second chapter focuses on chemical risks, a central concern in molecular biology and biotechnology laboratories. This section covers the classification of chemicals, their physical and toxicological properties, and their effects on health and the environment. Students will also learn proper techniques for the storage, handling, labeling, and disposal of chemical products, in accordance with international safety standards.

The third chapter addresses good laboratory practices (GLP), which are essential for maintaining a clean and safe working environment. Topics include bench-top safety, risk assessment procedures, proper maintenance, cleaning, disinfection, and decontamination of equipment. This chapter also introduces the fundamentals of radiation protection, covering both ionizing and non-ionizing radiation, in accordance with national (Algerian) and international standards. In addition, it presents laser safety protocols, highlighting the risks associated with optical radiation and the protective measures required, especially relevant in molecular visualization and analytical techniques used in plant genomics.

The final chapter addresses the management of accidental and emergency situations, including fire risks, chemical spills, and evacuation procedures. Students will explore practical methods for risk mitigation and emergency preparedness, with simulations of real-world laboratory incidents.

By the end of the course, students will be able to integrate hygiene and safety principles into their daily laboratory work, conduct risk assessments, respond appropriately to incidents, and contribute to a safe and compliant research environment. These competencies are not only essential for academic success but also form the basis for professional practice in biotechnology and genomics research.

Chapter 1: General Hygiene and Safety Guidelines in the Laboratory

1. Definition of a Laboratory

A laboratory is a controlled and specialized environment designed for conducting scientific experiments, research, and education. It provides the tools, equipment, and infrastructure necessary to investigate chemical, physical, or biological processes systematically. Laboratories play a crucial role in advancing scientific understanding and solving practical problems. According to some authors, laboratories are structured to ensure accuracy, reproducibility, and safety during experimental procedures, making them indispensable in both academic and industrial contexts.



Figure 1: Modern Laboratory Design for Biological Research

2. Structure and safety standards in biological laboratories

The design and organization of a biological laboratory are governed by rigorous international standards aimed at ensuring safety, functionality, and scientific integrity. Laboratory architecture must provide a logical workflow from clean to potentially contaminated areas, with separate zones for preparation, experimentation, and administrative work (Stanford EH&S, 2018; Rocheleau & Peterson, 2019). Surfaces should be smooth, resistant to corrosion and chemicals, and easily decontaminated to minimize contamination risks. Ventilation systems

must ensure negative pressure in containment rooms, equipped with high-efficiency particulate air (HEPA) filtration systems (WHO, 2020).

Access control and restricted entry are essential components of biosafety, preventing unauthorized access and minimizing exposure risks (CDC, 2019). Laboratories must include safety features such as emergency showers, eyewash stations, fire extinguishers, and clearly displayed biohazard signage (WBDG, 2020). Moreover, adequate lighting, ergonomic bench heights, and sustainable materials contribute to laboratory efficiency and researcher well-being (Pratt et Chastain, 2016). Modern laboratory design increasingly incorporates digital systems for monitoring temperature, humidity, and safety compliance (Cabezas et al., 2025).

3. Biosafety Levels and Good Laboratory Practice (GLP)

Biological laboratories operate under a graded system of biosafety levels (BSL-1 to BSL-4), depending on the pathogenicity and transmission route of the organisms studied. Each biosafety level dictates specific facility designs, protective equipment, and waste management protocols (WHO, 2020; Nambisan, 2017). For instance, BSL-1 laboratories deal with non-pathogenic organisms under basic safety measures, while BSL-4 facilities handle highly infectious and life-threatening agents with maximum containment and negative-pressure isolation (Cohen & Powderly, 2018).

Compliance with Good Laboratory Practice (GLP) principles ensures the quality, integrity, and traceability of scientific data (OECD, 2018). These principles require standard operating procedures (SOPs), equipment calibration, staff training, and detailed record-keeping (Nambisan, 2017). GLP standards are particularly critical in biotechnology and pharmaceutical research, where reproducibility and regulatory compliance are essential (Mossman & Hench, 2019). Accreditation systems such as GAHAR Clinical Laboratory Standards (2025) and ISO 15189 further reinforce laboratory quality assurance and data reliability.

4. Pedagogical Standards in Biology Education Laboratories

Educational laboratories are vital environments for developing practical skills, scientific reasoning, and safety awareness among students. A teaching laboratory must balance pedagogical objectives with safety regulations, ensuring that students gain hands-on experience without compromising health or data integrity (Hofstein & Lunetta, 2004; NSTA, 2015). Before engaging in laboratory work, students should receive explicit training in biosafety, chemical

handling, and waste disposal (CDC, 2019). Instructors play a crucial role as role models, demonstrating proper technique, discipline, and risk management (Hofstein & Kind, 2012).

Class sizes and workspace allocation should allow sufficient supervision and reduce the risk of accidents (Education Standards, 2005). Laboratory exercises must be designed to foster inquiry-based learning, critical thinking, and connection between theory and experimentation (Bennett, Lubben & Hogarth, 2007). The integration of digital portfolios and reflective practices, as suggested by Barrett (2007) and Lorenzo & Ittelson (2005), further supports the development of metacognitive skills and the ability to document progress and competencies.

5. Management and Quality in Research Laboratories

Research laboratories require structured management systems to maintain high-quality standards and ensure safety, productivity, and innovation. A quality management framework based on continuous improvement, such as the PDCA (Plan Do Check Act) cycle is recommended for routine evaluation of laboratory performance (Andersen & Fagerhaug, 2020). The organization must implement periodic audits, equipment validation, and staff competency assessments to maintain accreditation and compliance with national and international guidelines (NRC, 2019; Gibson et al., 2021).

Effective communication within multidisciplinary teams is also a cornerstone of laboratory efficiency and ethical integrity. Transparent data documentation, digital traceability, and adherence to publication ethics are indispensable in modern life sciences research (Hanahan & Weinberg, 2011). By combining structural safety, procedural rigor, and a culture of continuous learning, biological laboratories can achieve both scientific excellence and societal responsibility.

6. Safety Features and Requirements in a Laboratory

Ensuring safety in laboratories is essential due to the presence of potentially hazardous materials and equipment. Personal protective equipment (PPE), such as laboratory coats, gloves, safety goggles, and face shields, is critical in protecting individuals from exposure to harmful substances. As highlighted by the Occupational Safety and Health Administration (2021), wearing appropriate PPE minimizes the risks of chemical splashes, burns, and cuts during laboratory work.

Emergency equipment is another crucial aspect of laboratory safety. Fire extinguishers, fire blankets, and emergency alarms are necessary to handle fire-related incidents. Emergency showers and eyewash stations must be installed to provide immediate decontamination in case of accidental exposure to hazardous chemicals or biological. In addition, first aid kits should be readily available to address minor injuries.

Proper ventilation systems, such as fume hoods and biosafety cabinets, are indispensable for maintaining air quality and protecting laboratory personnel. According to World Health Organization (2004), fume hoods effectively remove toxic and flammable vapors, while biosafety cabinets ensure containment of infectious or pathogenic agents, reducing the risk of airborne contamination.

Chemical storage and handling require strict adherence to safety protocols. Flammable, corrosive, and reactive chemicals should be stored in dedicated, clearly labeled cabinets with secondary containment to prevent spills. Hazardous waste disposal systems, including containers for chemical, biological, and radioactive waste, must comply with established guidelines (American Chemical Society, 2016).

In case of spills or leaks, laboratories should be equipped with spill management kits containing absorbents and neutralizers. Appropriate signage and documentation are also essential for maintaining safety. Safety data sheets (SDS) must be available for all chemicals, and clear warning signs should highlight potential risks such as biohazards, toxic materials, or radiation (OSHA, 2021).

Laboratory infrastructure should include adequate lighting and non-slip flooring to prevent accidents. Emergency exit routes must be clearly marked and free of obstructions at all times. Furthermore, training is vital for all personnel working in a laboratory. According to the National Academies Press (2018), comprehensive training on safety protocols, emergency response, and proper equipment use significantly reduces the likelihood of accidents.

By following these safety measures and adhering to established standards, laboratories can effectively minimize risks, ensuring a secure and controlled environment for scientific work.

Risk assessment involves a structured approach to collecting and analyzing information in order to support a risk management strategy based on the probability and impact of accidental release

or exposure to biological agents. It plays a critical role in identifying appropriate control measures and maintaining biosafety when working in laboratory settings with such agents.

The process takes into account multiple factors, such as transmission routes, pathogen virulence and infectious dose, the availability of preventive treatments or vaccines, disease severity and fatality rate, transmissibility, and whether the pathogen is endemic. It also considers high-risk lab activities like aerosol generation, handling of high concentrations or large volumes of pathogens, use of sharps, and work involving animals.

Additional elements include the skill level of laboratory staff, their individual vulnerability, and biosecurity risks such as potential misuse of biological materials. This monograph outlines the risk assessment process for laboratory activities involving biological agents, providing guidance for selecting safety measures tailored to the identified risks. It is intended for biosafety officers, laboratory personnel, managers, and scientists responsible for conducting such assessments.

7. Overview of laboratory risk concepts

Definition of risk:

A risk refers to the probability of an incident or health issue occurring, along with the potential consequences of such an event. A risk source is the factor or condition that can lead to harm or injury. While it may not always be possible to eliminate the source, the associated risk can often be minimized.

A chemical hazard is any substance, or combination of substances, that may cause harm or injury due to: its hazardous health properties, extreme temperature, its ability to reduce oxygen levels in the air, or its potential to trigger fire, explosions, or other dangerous chemical reactions.

Controlling biological risks effectively is fundamental to ensuring laboratory biosafety. Laboratories working with biological agents have a duty to protect both their staff and the broader community by minimizing the likelihood of incidents and accidents. The fourth edition of the WHO Laboratory Biosafety Manual advocates for a context-specific biosafety approach that relies on risk and scientific evidence, rather than rigid operational protocols. This flexible approach is best applied through risk assessment, which involves systematically collecting and

evaluating information to guide risk management decisions. The choice of risk mitigation strategies, such as targeted training and the acquisition of appropriate personal protective equipment (PPE), depends directly on the outcomes of such assessments. Therefore, it is essential that risk assessments are conducted consistently and methodically, ensuring that results are both reliable and comparable.

8. Protective clothing and equipment

The use of Personal Protective Equipment (PPE) in laboratories provides essential protection to personnel against a wide range of potential hazards. It serves as a barrier between the user and harmful agents such as chemicals, biological pathogens, and physical dangers, thereby significantly reducing the risk of exposure and injury. By minimizing direct contact with hazardous substances, PPE helps prevent skin burns, respiratory issues, eye damage, and other health complications. Moreover, it plays a vital role in preventing cross-contamination between experiments and maintaining a sterile laboratory environment. The consistent use of PPE also supports compliance with legal safety standards and reinforces a culture of safety and responsibility within the workplace. Ultimately, PPE is a fundamental component of laboratory risk management and biosafety.

An effective Personal Protective Equipment (PPE) program is essential for ensuring the safety of personnel in environments where exposure to physical, chemical, or biological hazards is possible. A comprehensive PPE program must incorporate four critical components. First, a thorough hazard assessment of the workplace must be conducted to identify potential risks requiring PPE. Based on this evaluation, appropriate PPE must be selected and assigned according to the specific tasks and exposures involved. Equally important is the training of users to ensure proper fitting, usage, maintenance, and storage of PPE, thereby maximizing its protective efficacy. Lastly, regular cleaning, maintenance, and inspection protocols must be implemented to guarantee the continued reliability and functionality of the equipment, thus minimizing the risk of equipment failure and ensuring ongoing protection for laboratory personnel.

-Body protection: Lab coat and coverall

Body protection in laboratory environments is essential for safeguarding personnel against chemical, biological, and physical hazards, and is typically achieved through the use of lab coats or protective coveralls. The primary function of this protective clothing is to serve as a

barrier, preventing hazardous substances from coming into direct contact with the skin or being absorbed through personal clothing. Lab coats, generally made from flame-resistant or fluid-repellent materials, are suitable for most routine laboratory tasks involving moderate risks. However, in high-risk settings; such as when handling highly corrosive chemicals, infectious materials, or cryogenic agents, more comprehensive coverage is required, necessitating the use of full-body coveralls that provide enhanced protection, including resistance to penetration and permeation by hazardous agents. Both lab coats and coveralls should be appropriately sized, properly fastened during use, and maintained in a clean and undamaged condition. Additionally, they must be removed before exiting the laboratory to prevent contamination spread. The integration of body protection into laboratory safety protocols plays a critical role in minimizing occupational exposure and ensuring a safe working environment.



Figure 02: Body protection

- Eye protection is of paramount importance: Glasses and visor

Eye protection is of paramount importance in laboratory settings due to the frequent risk of exposure to hazardous substances, mechanical injuries, and biological agents. The eyes are highly vulnerable organs, and even minor incidents such as chemical splashes, flying debris, or infectious droplets can cause severe and irreversible damage. To mitigate these risks, the use of safety glasses or visors is mandatory depending on the nature of the activity being performed.

Safety glasses equipped with side shields provide a basic level of protection against mechanical hazards and minor splashes, while full-face visors offer extended coverage and are essential during procedures involving corrosive, volatile, or cryogenic substances. The selection of appropriate eye protection must be based on a detailed risk assessment, ensuring compatibility with other personal protective equipment (PPE) such as respiratory or face protection. Proper training on the use, maintenance, and limitations of eye protection is crucial to ensure compliance and effectiveness. Ultimately, consistent use of eye protection is a key component in maintaining occupational health and safety within laboratory environments.

ALL EYE PROTECTION IS NOT THE SAME

Many safety glasses and goggles protect against impact, but do little to protect against chemical splash. In a laboratory, splash can come from any angle (including from the person next to you—or behind you).

Eye Protection Type	Problem	Splash Diagrams
Safety Glasses With Vented Side Shields	PROBLEM: Chemical splash may enter from sides or through vent slats.	Two diagrams showing splash entering from the sides and through the vent slats.
Safety Glasses With Unvented Side Shields	PROBLEM: Chemical splash may enter from sides.	Two diagrams showing splash entering from the sides.
Visorgogs®	PROBLEM: Rigid plastic lens does not seal completely against face. Chemical splash may enter from sides.	Two diagrams showing splash entering from the sides.
Directly Vented Cover Goggles	PROBLEM: Chemical splash may enter through the vent holes.	Two diagrams showing splash entering through the vent holes.
Indirectly Vented Cover Goggles	ANSI standard Z87.1 certified. NOTE: When using this type of eye protection, always use a respirator.	Two diagrams showing splash entering through the vent holes.



More at LabSafety.org. The Laboratory Safety Institute is a non-profit organization committed to making health, safety and the environment an integral and important part of education, work, and life.

Figure 03: Eye protection

Hand protection: Gloves

Hand protection through the use of appropriate gloves is a critical aspect of laboratory biosafety and chemical safety. In laboratory environments, hands are frequently exposed to hazardous substances, including corrosive chemicals, infectious biological agents, and toxic compounds. The use of gloves serves as a primary barrier against direct contact with these hazards, significantly reducing the risk of skin absorption, irritation, allergic reactions, and contamination. However, glove selection must be based on a thorough risk assessment, taking into account the type of hazard, chemical compatibility, duration of exposure, and the nature of the laboratory task. Common glove materials include nitrile, latex, neoprene, and butyl rubber, each offering varying degrees of protection against specific agents. It is essential to ensure that gloves are used correctly, this includes proper donning and doffing techniques, avoiding cross-contamination, and replacing gloves immediately if torn or contaminated. Additionally, training laboratory personnel in glove safety and incorporating glove use into standard operating procedures (SOPs) are fundamental for maintaining a safe working environment and preventing occupational exposure.



Figure 04: Hand protection

Table 01: Glove types for common hazardous chemicals (Anonyme, 2025)

Chemical (concentrated)	CAS No.	Latex	Nitrile	Neoprene
Acetic Acid	64-19-7	G	G	E
Acetonitrile	75-05-8	F	NR	F
Ammonium Hydroxide	1336-21-6	G	E	E
Chloroform	67-66-3	NR	F	F
Dimethyl Formamide	68-12-2	E	NR	G
Ethanol	64-17-5	G	G	E
Ethyl Acetate	141-78-6	P	NR	F
Formaldehyde	50-00-0	E	E	E
Hydrochloric acid	7647-01-0	G	E	E
Isopropanol	67-63-0	E	E	E
Methanol	67-56-1	E	E	E
Nitric Acid	7697-37-2.	F	NR	G
Phenol	108-95-2	G	NR	E
Sodium Hydroxide	1310-73-2	E	G	E
Sulfuric Acid	7664-93-9	NR	NR	F
Xylene	106-42-3	NR	G	P

E = Excellent	Change gloves after use Change gloves immediately after contact
G = Good	
F = Fair	
P = Poor	
NR = Not Recommended	

-Respiratory protection: The mask

Respiratory protection, particularly the use of masks, is a fundamental component of laboratory safety protocols aimed at safeguarding personnel from inhalation hazards. In laboratory environments, workers may be exposed to a range of airborne contaminants, including chemical vapors, toxic gases, biological aerosols, and particulate matter. The appropriate selection and use of respiratory protective equipment (RPE), such as surgical masks, N95 respirators, or full-

face respirators with appropriate filters, depends on the nature and concentration of the hazardous substances present. Masks function by filtering out harmful particles or by providing a sealed source of clean air, thus reducing the risk of respiratory tract irritation, sensitization, or infection. Regular fit-testing, user training, and maintenance of RPE are essential to ensure their effectiveness. Incorporating respiratory protection into risk-based safety practices not only minimizes occupational exposure but also reinforces compliance with health and safety standards in research and diagnostic laboratories.



Figure 05: Respiratory protection

-Ear protection: Earplugs and noise canceling headphones

In a laboratory, there can be situations where one is exposed to loud noises. In such cases, it is important to protect your hearing by using earplugs.

A noise-canceling headphone can also be used, depending on the level of noise exposure. The major goal is to reduce continuous noise levels below a Time Weighted Average of 90 decibels through the implementation of reasonably feasible engineering and administrative controls. So, it is essential to choose the appropriate method of protection based on the intensity of the encountered noise.



Figure 06: Ear protection

-Foot protection: Overshoes

Foot protection, particularly the use of overshoes, plays a crucial role in ensuring laboratory safety, especially in environments where hazardous chemicals, biological agents, or contaminated materials may be present on the floor. Overshoes act as a barrier between the wearer's footwear and potentially harmful substances, thereby reducing the risk of cross-contamination and accidental exposure. In laboratories handling infectious agents or corrosive chemicals, overshoes help contain spills and prevent the tracking of contaminants into clean areas. Additionally, they are particularly important in cleanroom environments, where maintaining sterility is essential. The use of disposable or chemical-resistant overshoes should be determined by the nature of the laboratory work, and they must be properly removed and discarded to avoid secondary contamination. Integrating overshoes into standard personal protective equipment protocols enhances overall biosafety and supports compliance with health and safety regulations.



Figure 07: Foot protection

-Face protection

Face protection is a critical component of personal protective equipment (PPE) in laboratory environments where hazardous substances are handled. When working with corrosive or cryogenic chemicals, the risk of splashes or intense cold exposure to the facial area significantly increases. In such cases, the use of a full-face mask, or additional face protection such as a face shield, becomes mandatory to prevent injuries. Corrosive agents can cause severe chemical burns to the eyes, skin, and mucous membranes, while cryogenic substances pose risks of cold burns and frostbite upon contact. Proper face protection not only minimizes the risk of acute injury but also contributes to long-term occupational health by ensuring that exposure to hazardous agents is effectively controlled during experimental procedures.



Figure 08: Face protection

Chapter 2: Chemical Hazards

1. General information on chemical risks

In many workplaces, including industrial settings, laboratories, and environmental contexts, new materials and chemicals are regularly introduced, increasing the potential for adverse health effects due to exposure to toxic substances. In numerous countries, the responsibility for classifying these substances lies with their manufacturers, suppliers, and importers. As new chemicals are continuously added to the market each year, the number of individuals at risk of exposure to these hazardous substances also continues to rise.

The assessment of human health risks involves several key stages, including identifying potential hazards, collecting and integrating data on chemical exposure, evaluating the properties and dangers of the chemicals involved, and establishing the relationship between exposure levels, dosage, and adverse effects. Generally, managing health and safety risks in the workplace requires four main steps: identifying hazards, conducting a risk assessment, implementing control measures, and reviewing their effectiveness. While this process is crucial in industrial settings, it is equally important in other environments where chemicals are regularly used, such as educational institutions. In chemical laboratories, individuals including operators, instructors, researchers, and students may be exposed to harmful substances in the form of gases, vapors, or suspended solid and liquid particles. It is important to recognize that each chemical carries its own specific risks, and the severity of its effects is influenced by factors such as the chemical's nature, exposure duration, concentration, and the route of entry into the body.

2. Classification of chemical products

The classification of chemical products is a critical process in the fields of toxicology, occupational health, environmental safety, and regulatory science. This system allows for **the** systematic identification of chemical hazards and enables consistent communication of these risks throughout the supply chain, from production and transport to end-user handling and waste management. The primary goal is to ensure that all stakeholders are aware of the potential dangers of a chemical substance or mixture, and are equipped to manage them safely.

-Identification and classification of hazardous chemicals

The identification and classification of hazardous chemicals are being updated with the introduction of new hazard classes under the Commission Delegated Regulation, including endocrine disruptors (ED), persistent, bioaccumulative and toxic (PBT), very persistent and

very bioaccumulative (vPvB), persistent, mobile and toxic (PMT), and very persistent and very mobile (vPvM) substances. These classes, along with carcinogenic, mutagenic, or toxic to reproduction (CMR) substances and respiratory sensitizers, will be prioritized for harmonized classification and labelling. The European Commission is required to adopt delegated acts to include substances with ED, PBT, or vPvB properties already listed as substances of very high concern under REACH or restricted under the Plant Protection Products Regulation or Biocidal Products Regulation—into Annex VI of the CLP Regulation. Since these substances have already undergone assessment by the European Food Safety Authority (EFSA), the European Chemicals Agency (ECHA), and the Commission, the delegated act may be adopted without additional ECHA consultation. Furthermore, the proposed changes will allow the Commission to instruct EFSA or ECHA to prepare harmonized classification proposals expanding beyond the current practice where national authorities or industry initiate such proposals. The revised regulation would also permit the simultaneous classification of multiple substances by replacing the term "substance" with "substances" in the relevant legal text.

To enhance transparency and predictability in the classification and labelling process, both competent authorities and companies will be required to notify the European Chemicals Agency (ECHA) of their intention to submit a harmonized classification and labelling (CLH) proposal. Similarly, the European Commission must notify the ECHA of any formal requests to prepare CLH dossiers. Upon receiving such notifications, the ECHA will be obligated to publish relevant information within one week and provide updates at each stage of the CLH procedure. In cases where a company submits a proposal to revise an existing CLH entry, the competent authority must inform the ECHA of its decision to accept or reject the proposal. The ECHA will then share this information with other competent authorities.

To address inconsistencies in self-classifications submitted to the classification and labelling inventory, notifiers will be required to justify any deviations from existing classifications of the same substance. Additionally, to ensure the accuracy of classifications, notifications must be updated within six months of any change in a substance's classification or labelling. The identity of the notifier must also be made publicly available, unless a valid confidentiality claim is submitted.

The proposal also aims to clarify the evaluation and classification of multi-constituent substances. When constituent-specific data are available, these substances should be assessed using the same rules as mixtures, unless explicitly stated otherwise in Annex I of the CLP

Regulation. For hazard classes including CMR, endocrine disruptors (ED), and environmental hazards such as biodegradability, persistence, mobility, and bioaccumulation (PBT, vPvB, PMT, vPvM), the assessment should be based on the relevant available information for each individual constituent. Supporting data on the substance as a whole may also be considered to demonstrate or reinforce these properties. However, data suggesting the absence or lower severity of hazards at the substance level should not outweigh valid information concerning individual constituents.

-Foundations of Chemical Classification

Chemical classification is based on the intrinsic properties of substances meaning their natural characteristics without considering exposure level or quantity. This includes properties such as flammability, toxicity, corrosivity, and ecological impact. A key reference framework is the Globally Harmonized System of Classification and Labelling of Chemicals (GHS), developed by the United Nations to harmonize international chemical safety practices. The GHS offers a structured approach, defining hazard classes **and** hazard categories based on scientific criteria.

3. Primary Hazard Classes

Under the Globally Harmonized System (GHS), chemical hazards are classified into three primary categories: physical hazards, health hazards, and environmental hazards. Physical hazards pertain to the inherent properties of substances that may pose risks such as flammability (e.g., ethanol, acetone), explosiveness (e.g., ammonium nitrate), oxidizing potential (e.g., hydrogen peroxide), and pressurized gases (e.g., carbon dioxide). These properties are determined through standardized laboratory tests and are critical considerations for the safe storage, handling, and transportation of chemicals, especially under international transport regulations such as ADR and IMDG. Health hazards involve adverse effects on human health, including acute toxicity through oral, dermal, or inhalation routes, skin and eye irritation, respiratory sensitization, carcinogenicity (e.g., benzene), mutagenicity, reproductive toxicity, specific target organ toxicity (STOT), and aspiration hazards. For instance, toluene is categorized for its reproductive toxicity, while formaldehyde is well-known for its carcinogenic potential. Lastly, environmental hazards focus on the ecological impacts of chemicals, such as acute and chronic aquatic toxicity (e.g., copper sulfate), bioaccumulation, and long-term environmental persistence. Additionally, certain substances may be labeled as hazardous to the ozone layer, highlighting their broader environmental significance. The accurate classification

of these hazards ensures proper communication, risk assessment, and implementation of protective measures across industries.

-Additional Regulatory Classifications

In addition to the core hazard classifications defined under the Globally Harmonized System (GHS), chemical products may be subject to various additional regulatory classifications that reflect broader health, environmental, and security concerns. These classifications are typically governed by regional or international legislation and serve to address risks not fully encompassed by standard physical, health, or environmental hazard categories. For example, Persistent Organic Pollutants (POPs) are chemicals that remain intact in the environment for long periods, accumulate in living organisms, and pose risks to human health and ecosystems. These substances are regulated under the Stockholm Convention and include compounds such as polychlorinated biphenyls (PCBs) and dioxins. Another category includes endocrine-disrupting chemicals (EDCs), which interfere with hormonal systems and are under increasing scrutiny, especially within the European Union under REACH (Registration, Evaluation, Authorisation and Restriction of Chemicals). Furthermore, substances may be classified as controlled precursors or narcotics, regulated by drug enforcement agencies due to their potential misuse in illicit drug production. Some countries also apply specific classifications related to occupational exposure limits (OELs), biological limit values (BLVs), or chemical weapon precursors, which require specialized monitoring and handling. These additional regulatory frameworks highlight the necessity of a multifaceted approach to chemical safety that goes beyond standard labeling and encompasses toxicological, environmental, and societal impacts.

-Methodologies for Classification

The classification of chemical substances relies on a range of scientifically validated methodologies to accurately assess their hazardous properties. These methodologies are essential for ensuring compliance with regulatory frameworks such as the Globally Harmonized System (GHS), REACH, and CLP. A key approach involves the use of experimental data generated from internationally recognized test protocols, particularly those established by the Organisation for Economic Co-operation and Development (OECD). These tests evaluate specific hazard endpoints such as acute toxicity, mutagenicity, carcinogenicity, and ecotoxicity through *in vitro*, *in vivo*, and environmental assays. Where experimental data are lacking, alternative methods such as Quantitative Structure–Activity Relationship (QSAR) models,

read-across techniques, and weight-of-evidence approaches are employed to predict hazard potential based on the chemical structure or data from similar substances. Additionally, data from authoritative sources, including classification databases maintained by the European Chemicals Agency (ECHA), the International Agency for Research on Cancer (IARC), and national toxicological programs, are often used to support or validate hazard determinations. In all cases, expert judgment plays a crucial role in interpreting data, especially when discrepancies or data gaps exist. The integration of these methodologies allows for robust and science-based hazard classification, enabling accurate labeling, risk communication, and implementation of safety measures across the chemical supply chain.

-Labeling and communication

Effective labeling and communication are fundamental components of chemical safety management, serving as the primary means of conveying hazard information to users across various sectors. Under the Globally Harmonized System (GHS), chemical products must be labeled in a standardized format to ensure clarity, consistency, and international recognition of potential hazards. Labels must include pictograms that visually represent the nature of the hazard, such as a flame for flammable substances or a skull and crossbones for acute toxicity. Signal words, such as “Danger” or “Warning,” indicate the severity of the hazard, with “Danger” reserved for more severe risks. Each label must also feature **hazard statements**, such as “Causes severe skin burns and eye damage,” which describe the specific risks posed by the substance. Additionally, precautionary statements provide guidance on preventive actions, such as “Wear protective gloves/protective clothing/eye protection,” to minimize exposure and harm. The accuracy and visibility of these elements on chemical packaging are critical not only for preventing accidental misuse but also for promoting safe handling, ensuring proper storage, and facilitating emergency response in case of exposure or spill. Proper labeling supports hazard communication throughout the chemical life cycle and is a key requirement for regulatory compliance and occupational health protection.

4. Pictograms and Their Role in Risk Communication

Globally, alert systems vary significantly in their structure and application, reflecting regional differences in language, culture, and regulatory frameworks. As a result, alert schemes often differ in terms of the length and detail of written content, the use of pictograms, color codes, the number of alert levels, acoustic cues, and even auxiliary signaling methods such as flashing

lights or flags. Among these, pictograms represent a universal visual language used to convey information quickly and effectively.

A pictogram is a stylized graphic symbol designed to communicate information in a direct and often analogical or symbolic manner. Its primary function is to convey essential instructions or warnings without relying on textual explanations. Pictograms are especially valuable in contexts where rapid comprehension is required such as traffic signs or where linguistic diversity, literacy limitations, or visual impairments may hinder understanding. They are extensively applied to communicate regulatory, mandatory, warning, or prohibitory information, particularly in environments where safety compliance is legally mandated, such as in workplaces handling hazardous substances.

For pictograms to be effective, they must first capture the user's attention, ensuring visibility. Secondly, they must enhance comprehension, enabling the user to process the warning or instruction accurately. Lastly, pictograms should serve as immediate reminders of associated risks, reinforcing risk awareness and encouraging safe behavior. As highlighted by Otsubo (1988), their effectiveness lies in functioning as "instantaneous memoranda" of potential hazards, making them indispensable tools in modern risk communication systems.

- Safety Pictograms

Safety pictograms are standardized graphical symbols used to visually communicate specific safety information, warnings, or required actions in order to prevent accidents and ensure the protection of human health and property. These pictograms are designed to be universally understood regardless of language or literacy level, and are typically governed by international standards such as ISO 7010 and the Globally Harmonized System (GHS) for chemical labeling.

The ISO 7010 standard is an internationally recognized framework developed to standardize safety signage through the use of consistent pictograms designed to convey vital safety information across all languages and cultures. The standard categorizes these pictograms into five distinct groups, each associated with a specific color and geometric shape to facilitate immediate recognition and interpretation, especially in emergency or hazardous situations.

The "Rescue and Evacuation" group is represented by green pictograms with rectangular or square shapes and includes signs for emergency exits, first aid stations, and emergency showers, ensuring rapid orientation toward safety measures. The "Fire Protection" group uses red

pictograms in a square format, indicating the location of firefighting equipment such as extinguishers, fire hoses, and alarms. The "Mandatory Action" category features blue circular signs that indicate actions that must be carried out, such as wearing personal protective equipment (PPE) like helmets or gloves. In contrast, the "Prohibition" group uses red circular signs with a diagonal bar to communicate forbidden actions, such as "No smoking" or "Do not enter." Finally, "Warning" signs are depicted in yellow triangles, alerting individuals to potential hazards like toxic chemicals, high voltage, or slippery surfaces.

By unifying the visual language of safety communication, ISO 7010 plays a crucial role in risk prevention, hazard awareness, and emergency preparedness across industrial, laboratory, healthcare, and public environments. Its standardized design allows for quick comprehension, which is vital for protecting health, minimizing accidents, and ensuring regulatory compliance in occupational safety systems.

-Rescue and Evacuation Signs (Green)

Rescue and evacuation pictograms are critical components of occupational and public safety systems, designed to guide individuals toward emergency exits, first aid stations, and life-saving equipment in case of accidents or hazardous events. According to ISO 7010, these safety signs are rectangular or square in shape, featuring a green background with a white symbol, ensuring high visibility and rapid recognition in both well-lit and low-visibility conditions. The use of green is intentional, as it is universally associated with safety and guidance. These pictograms serve an essential function by enabling the quick identification of evacuation routes, emergency exits, safety showers, eye wash stations, and first aid kits. Their standardization ensures that people regardless of language, literacy, or cultural background can instantly understand and follow escape paths or access emergency support. In high-risk environments such as laboratories, factories, hospitals, or public buildings, the presence and proper placement of rescue signs are legally mandated and crucial for minimizing response time, reducing panic, and ensuring coordinated evacuation during emergencies.

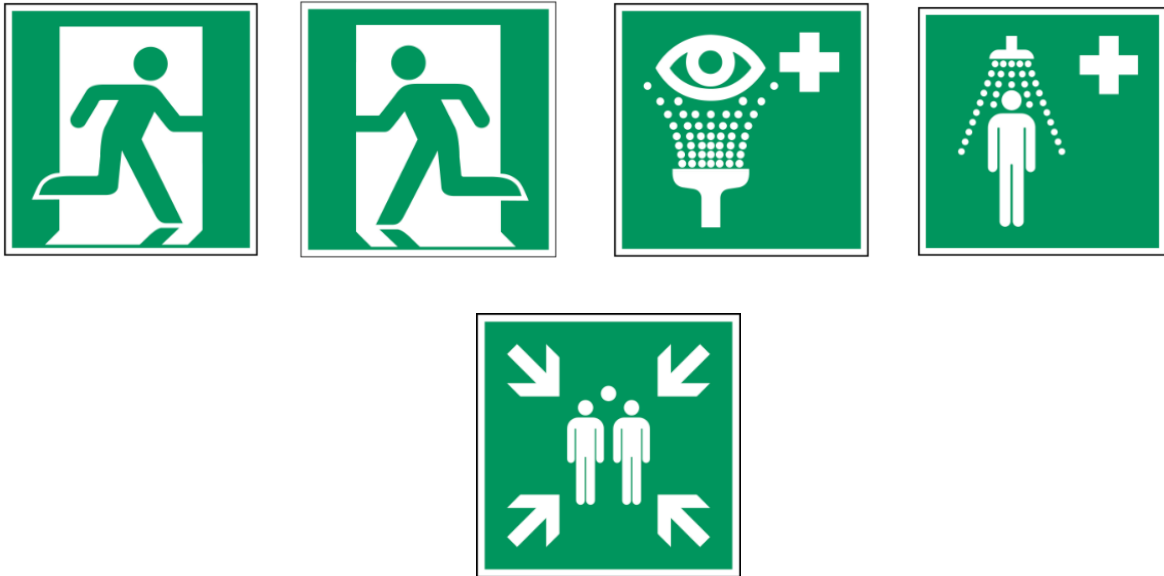


Figure 09: Rescue and Evacuation Signs (Green)

-Fire Safety Signs (Red)

Fire safety pictograms play a vital role in the prevention and control of fire-related incidents in occupational and public environments. Employers are legally obligated to implement comprehensive fire prevention measures, including the clear and consistent use of standardized signage. According to ISO 7010 specifications, fire safety signs are square-shaped with a red background and a white symbol that visually represents firefighting equipment such as fire extinguishers, fire hoses, fire alarms, and emergency call points. The red color serves as a visual signal for urgency and danger, while the white icon ensures high contrast and immediate recognition. These signs are strategically placed to guide personnel to the nearest fire protection devices during emergencies, facilitating rapid intervention and reducing the spread of fire. The inclusion of white text, where applicable, reinforces the intended message and provides clarity in high-stress situations. Proper identification of firefighting equipment through these pictograms is not only a regulatory requirement but also a critical element of workplace safety protocols, ensuring preparedness and minimizing risks associated with fire hazards.



Figure 10: Fire Safety Signs (Red)

- Mandatory Signs (Blue)

Mandatory safety pictograms are essential tools for enforcing the use of personal protective equipment (PPE) and ensuring compliance with occupational health and safety protocols. These signs are typically displayed at the entrance of specific work areas such as laboratories, technical rooms, or industrial zones or directly on or near machinery, indicating that access is conditional upon fulfilling specific safety requirements. According to ISO 7010, mandatory signs are circular in shape, with a blue background and a white pictogram representing the specific required action. Common symbols include icons for wearing safety goggles, hearing protection, helmets, gloves, or respiratory masks. The consistent design ensures rapid visual identification and leaves no ambiguity regarding the obligations imposed on personnel. The blue color signifies instruction or command in safety signage standards, contrasting with warning or prohibition signs, and reinforces the message that compliance is not optional. These signs play a critical role in accident prevention by clearly communicating the necessity of protective measures, thereby minimizing occupational exposure to physical, chemical, and biological hazards.



Figure 11: Mandatory Signs (Blue)

- Prohibition Signs (Red)

Prohibition signs are a critical component of safety communication systems, designed to prevent hazardous behavior by clearly indicating actions that are strictly forbidden in specific environments. These signs are governed by the ISO 7010 standard and are used extensively in laboratories, industrial sites, healthcare facilities, and public spaces to mitigate risk and ensure regulatory compliance. Each prohibition sign is circular in shape, featuring a red border with a diagonal red line, and a black symbol in the center that depicts the forbidden action. Common examples include "No smoking," "No open flame," "Do not touch," or "No entry for unauthorized personnel." The visual design is intentionally high-contrast and immediately recognizable, promoting rapid interpretation and behavioral adherence even in high-stress or multilingual settings. The red color universally signifies danger or stop, reinforcing the urgency of compliance. By eliminating ambiguity and reducing unsafe practices, prohibition signs play a vital role in injury prevention, environmental protection, and the overall effectiveness of occupational health and safety programs.



Figure 12: Prohibition Signs (Red)

- Warning Signs (Yellow)

Warning pictograms are a fundamental element of hazard communication strategies, designed to alert individuals to potential dangers or risks within a specific area or activity. These signs are standardized under ISO 7010 and are commonly used in workplaces such as laboratories, construction sites, and industrial facilities where exposure to hazardous conditions is possible. Warning signs are triangular in shape with a yellow background known as "safety yellow" and a black border and symbol, ensuring high visibility and immediate recognition. The color yellow is universally associated with caution, prompting heightened awareness without causing alarm. These signs are used to indicate a wide range of dangers, such as toxic chemicals, electrical hazards, radiation, or risk of falling. For risks that do not have a dedicated symbol, a general warning symbol (typically an exclamation mark) is used to convey the presence of unspecified hazards. The standardized use of warning signs enhances situational awareness, reduces accident rates, and supports compliance with occupational health and safety regulations by ensuring that all individuals regardless of language or background can identify and understand the presence of potential risks.



Figure 13: Warning Signs (Yellow)

5. Hazard Pictograms and the CLP Regulation

Hazard pictograms are a central component of chemical safety communication under the CLP Regulation (Classification, Labelling and Packaging of Substances and Mixtures), which aligns the European Union's chemical safety laws with the United Nations' Globally Harmonized System (GHS). The CLP Regulation (EC No 1272/2008) mandates that chemical substances and mixtures be properly classified according to their physical, health, and environmental hazards, and that these hazards be clearly communicated through standardized labels, including hazard pictograms.

These pictograms are diamond-shaped with a white background, red border, and a black symbol, each representing a specific type of hazard. For example, the flame symbol indicates flammable substances, while the skull and crossbones warn of acute toxicity. Other pictograms represent corrosive, explosive, oxidizing, gas under pressure, and environmental hazards. The use of these symbols enhances risk recognition and promotes the safe handling, storage, and transport of chemicals across international borders.

The inclusion of hazard pictograms on chemical labels is not only a legal obligation under CLP but also a crucial safety measure. They facilitate immediate visual identification of risks, thereby improving hazard communication in multilingual and multicultural workplaces. Additionally, pictograms are accompanied by signal words ("Warning" or "Danger"), hazard statements, and precautionary statements, all of which together provide comprehensive safety information.

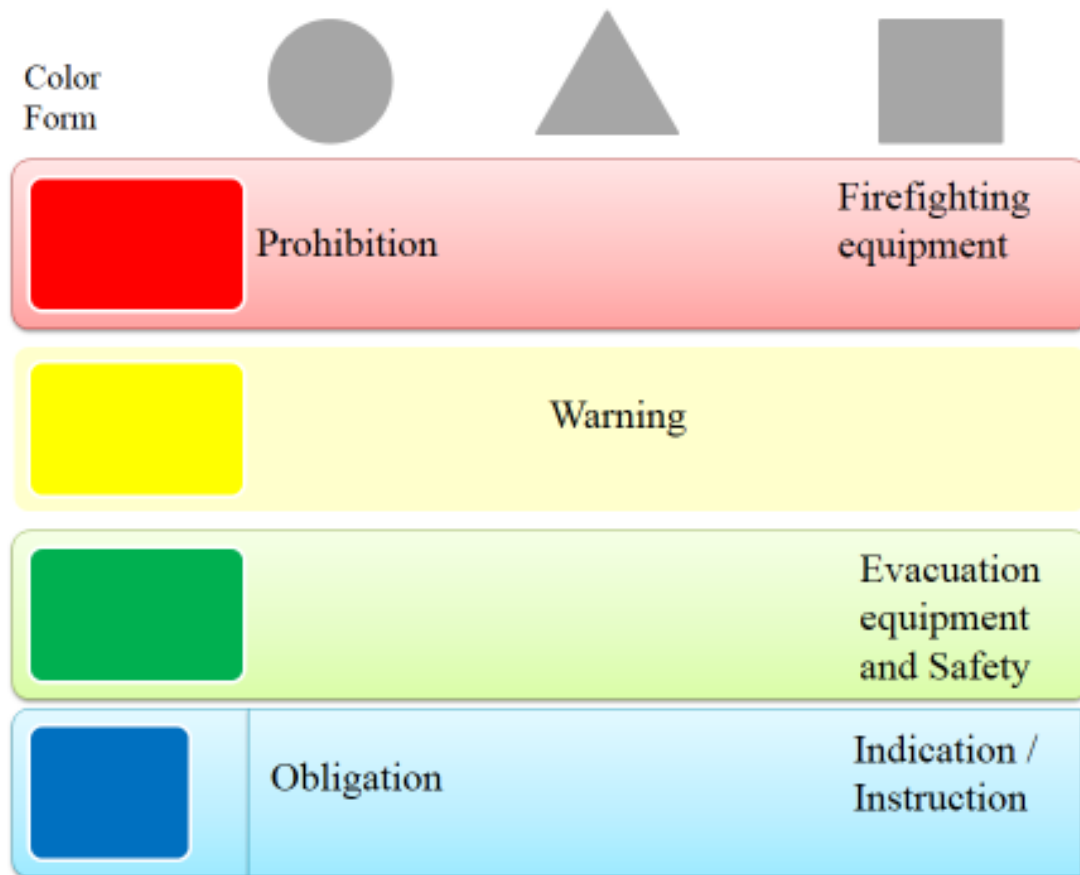


Figure 14: Color and Shape Coding System for Safety and Hazard Communication

Table 02: The different types of hazards and corresponding risks (Wanshu et al., 2025).

Types of Hazards	Characteristics and Risks	
Chemical hazards	Flammable and pyrophoric substances	These reagents can spontaneously ignite when exposed to air or water; improper storage or use may lead to fires.
	Toxic reagents	Exposure to toxic substances can result in acute or chronic health hazards, potentially leading to pain, liver and kidney damage; certain special reagents may even be carcinogenic, teratogenic, have reproductive or cumulative toxicity.
	Corrosive substances	Contact with such substances may cause harm to the skin and mucous membranes, leading to skin corrosion, edema, or congestion.
	Allergens	Such substances may cause allergic reactions in certain individuals, leading to symptoms such as itching, swelling, and subcutaneous bleeding.
	Psychoactive substance	These substances directly act upon the central nervous system, causing either stimulation or inhibition, and their continuous use can lead to dependence.
Physical hazards	High/low temperature	Improper use of equipment providing high or low temperatures can lead to burns or frostbite.
	High pressure or vacuum	High-pressure gas cylinders, gas steel bottles, pressure reactors, and vacuum equipment may lead to explosions.
	Electrocution	In chemistry laboratories, if a large number of instruments and equipment are not maintained in a timely manner, it may lead to electrical shock accidents.
	Laser and radiation harm	Some chemistry laboratories may use laser equipment or radioactive materials, and extreme caution is required when using them.
	Mechanical injury	Improper handle of heavy objects, high-speed rotating equipment, and sharp instruments can cause injury.
Biological hazards	Microbes	Some microorganisms are pathogenic or infectious. Relevant experiments must be carried out in strict accordance with the standard operating procedures (SOP) to avoid the occurrence of biosafety accidents.
	Macromolecular Allergens	Certain biological macromolecules may possess sensitizing effects among specific populations. Therefore, experiment operators are obliged to take proper personal protective measures.

6. Concept of substances and mixtures

- Concept of Chemical Substances

A **chemical substance** is defined as a chemical element or its compounds in the natural state or obtained through any production process, including any additive necessary to preserve its stability and any impurity derived from the process used. Each substance is characterized by a unique **Chemical Abstracts Service (CAS)** number and a specific molecular structure. Substances can be organic or inorganic and exhibit intrinsic hazards such as toxicity, reactivity, or corrosivity. For **examples:** Benzene (C₆H₆): an aromatic hydrocarbon known for its

carcinogenic properties. In contrast, Hydrochloric acid (HCl): a strong acid that is corrosive to skin and mucous membranes.

Substances are subject to classification, labeling, and packaging regulations such as the Globally Harmonized System (GHS) and REACH (Registration, Evaluation, Authorisation and Restriction of Chemicals) in the European Union

- Concept of Chemical Mixtures

A chemical mixture refers to a physical combination of two or more chemical substances that do not undergo a chemical reaction when combined. Unlike pure substances, which have a fixed and uniform composition with well-defined chemical structures, mixtures retain the individual properties of their components and can vary in concentration and composition. Mixtures can be homogeneous, where the constituents are uniformly distributed (as in solutions), or heterogeneous, where the components remain physically distinct (such as suspensions or emulsions). From a regulatory and toxicological standpoint, the assessment of mixtures poses a significant challenge because their hazards cannot always be predicted solely based on the known properties of their individual components. For example, certain components may interact to produce additive, synergistic, or antagonistic effects, leading to increased or reduced toxicity compared to their isolated forms.

The classification of mixtures under the Globally Harmonized System (GHS) and the EU CLP (Classification, Labelling and Packaging) Regulation is governed by a set of complex rules. When reliable experimental data are available for the entire mixture, they are used preferentially for classification. However, in the absence of such data, estimations are made using bridging principles or calculation methods based on the known hazards and concentrations of the mixture's ingredients. For instance, in the classification of acute toxicity, an additive formula may be applied to determine whether the combined toxicity of individual substances exceeds specific threshold values. For skin or eye irritation, classification can depend on whether a certain percentage of the mixture is composed of components classified as irritants. In some cases, cut-off values are applied: if the concentration of a hazardous component is below a defined threshold (e.g., 1% for certain irritants), the mixture might not require classification for that hazard, even though the component itself is classified.

Moreover, mixtures often contain ingredients with varying hazard profiles, and the presence of even a small percentage of a high-concern substance such as a carcinogen or reproductive toxicant—may require the entire mixture to be classified and labeled accordingly. This is especially important for complex formulations used in industrial processes, cosmetics, household cleaning products, pesticides, or pharmaceuticals. For example, a disinfectant containing both ethanol (a flammable substance) and quaternary ammonium compounds (toxic to aquatic life) must be assessed not only for flammability and acute toxicity but also for environmental hazard potential. In some cases, the formulation may also include stabilizers, colorants, or fragrances that can act as allergens or sensitizers, further complicating the hazard profile.

In practical applications, mixtures are ubiquitous and are often designed to deliver specific physicochemical properties such as solubility, viscosity, surface activity, or volatility. These functional properties may influence the behavior of the mixture in ways that affect exposure and risk. For example, aerosolized mixtures used in sprays may lead to respiratory exposure, whereas creams or gels may favor dermal contact. The physical form of a mixture liquid, solid, paste, or gas also determines the appropriate safety measures and protective equipment required. In laboratory environments, the handling of mixtures requires a clear understanding of both the components and the overall behavior of the formulation under different conditions, such as temperature, pressure, light exposure, or the presence of incompatible substances.

- Physicochemical Hazards of Substances and Mixtures

Physicochemical hazards refer to the intrinsic physical and chemical properties of substances or mixtures that can lead to dangerous events such as fires, explosions, corrosive damage, or violent reactions under certain conditions. These hazards are unrelated to the toxicological effects on health, but rather arise from the reactivity, flammability, instability, or energy-releasing potential of chemical agents. The evaluation and management of such hazards are central in laboratory safety, chemical manufacturing, transport, and storage, as they often result in acute and large-scale incidents if not properly controlled. Common categories of physicochemical hazards include flammable gases and liquids, oxidizing agents, explosive substances, corrosives, gases under pressure, self-reactive chemicals, and substances capable of spontaneous ignition or violent polymerization.

Flammability is among the most critical physicochemical hazards, particularly with organic solvents such as ethanol, methanol, and acetone. These substances have low flash points and form flammable vapor-air mixtures that can ignite upon contact with a spark, flame, or hot surface. Flammable liquids are classified based on their flash point and boiling point, as per GHS criteria. Flammable solids, such as powdered magnesium or sulfur, also pose ignition risks due to their large surface area and tendency to combust upon friction or heat. In addition to flammables, oxidizing substances such as hydrogen peroxide or potassium permanganate pose hazards by releasing oxygen or other oxidizing species that can accelerate combustion or initiate fires, even in the absence of external ignition sources. Such materials require segregation from flammables and reducers, as contact can trigger violent exothermic reactions.

Explosive substances represent another severe category of physicochemical hazards. These compounds are characterized by their ability to undergo rapid decomposition with the release of gas and energy, producing shock waves, heat, and pressure. The risk is particularly significant in confined environments. Explosives include both primary explosives, which are highly sensitive to mechanical stimuli (e.g., lead azide), and secondary explosives, which are more stable but still capable of detonation under defined conditions. Moreover, substances not classified as explosives under normal conditions can become hazardous when subjected to heat, friction, or confinement this includes peroxides, azides, and certain organic nitrates. Testing protocols such as the UN Recommendations on the Transport of Dangerous Goods (Manual of Tests and Criteria) are used to identify explosive properties and determine safe handling conditions.

Self-reactive chemicals and polymerizing agents also fall under physicochemical hazards due to their tendency to undergo uncontrolled reactions. For example, organic peroxides can decompose exothermically, even in the absence of oxygen, and may detonate under thermal or mechanical stress. Similarly, monomers like acrylonitrile or styrene can polymerize rapidly and uncontrollably if not stabilized, releasing heat and pressure. These reactions can lead to rupture of storage containers or violent pressure buildup. Proper inhibitors, stabilizers, and controlled storage temperatures are critical to prevent these reactions.

Corrosivity, while often discussed in toxicological contexts, is also a physicochemical hazard because of its capacity to degrade or destroy materials upon contact. Strong acids (e.g., sulfuric acid) and bases (e.g., sodium hydroxide) can corrode metals, compromise structural materials, and lead to container failure or leaks. These substances may also react with metals to produce

flammable hydrogen gas, adding to the overall risk. In addition, corrosives can damage equipment, compromise containment, and initiate secondary hazards in case of contact with incompatible substances, such as mixing of acids and cyanide salts that generate toxic hydrogen cyanide gas.

Gases under pressure constitute a special hazard class, as they present risks not only due to their chemical composition but also because of the high energy stored in pressurized form. If cylinders are ruptured or exposed to fire, the sudden release of pressure can cause mechanical damage, projectile hazards, or explosive decompression. Moreover, compressed gases such as propane (flammable), chlorine (toxic and corrosive), or ammonia (toxic and reactive) may form dense vapors that spread rapidly in enclosed or low-lying areas, leading to asphyxiation, corrosion, or flammability hazards.

The physicochemical hazards of mixtures must be evaluated based not only on the known hazards of their components, but also on potential interactions between them. For example, a mixture of flammable solvents with oxidizing agents could create a highly unstable and reactive formulation. When experimental data for a mixture are unavailable, classification is often derived from estimation methods and bridging principles outlined in international regulations like the CLP (Classification, Labelling and Packaging) Regulation in the EU. Testing methods such as those from the OECD and UN are used to determine parameters like flash point, autoignition temperature, thermal stability, and explosive properties. These properties are critical for safe labeling, packaging, and transportation according to the criteria of the Globally Harmonized System (GHS).

- Health Hazards of Substances and Mixtures

Health hazards of chemical substances and mixtures refer to their potential to cause adverse effects on human health, either acutely or chronically, depending on the nature of the substance, the route and duration of exposure, and individual susceptibility. These hazards encompass a broad spectrum of biological effects, ranging from irritation and sensitization to systemic toxicity, organ damage, mutagenicity, carcinogenicity, and reproductive toxicity. The classification of health hazards is governed by international systems such as the Globally Harmonized System of Classification and Labelling of Chemicals (GHS), which standardizes criteria based on toxicological data and defines specific categories for acute and chronic health effects. Understanding the mechanisms underlying these effects is critical for chemical risk

assessment and for implementing preventive and protective measures in occupational, consumer, and environmental settings.

Acute toxicity is one of the most immediate and measurable health hazards, representing the capacity of a chemical to cause harmful effects after a short-term exposure. It is typically quantified using the LD₅₀ (lethal dose, 50%) or LC₅₀ (lethal concentration, 50%) metrics, which estimate the dose or concentration needed to cause death in 50% of test animals, usually within a 24–96 hour period. Chemicals such as cyanide, methanol, or carbon monoxide are examples of acutely toxic substances capable of rapidly disrupting essential physiological processes. The classification of a substance in acute toxicity categories (from 1 to 5) informs labeling requirements and determines recommended handling procedures, including ventilation, personal protective equipment (PPE), and first aid protocols.

Irritation and corrosion are also critical endpoints in health hazard classification. Irritants cause reversible inflammation of the skin, eyes, or respiratory tract, while corrosive substances lead to irreversible tissue damage. Corrosives such as hydrochloric acid, sodium hydroxide, or phenol can destroy epithelial layers, cause deep burns, and result in permanent impairment if not treated promptly. These substances also pose inhalation risks, particularly in aerosolized or vaporized forms. Regulatory testing uses *in vitro* assays (e.g., reconstructed human epidermis models) and *in vivo* animal tests (e.g., Draize test) to classify substances according to the severity and reversibility of their effects.

Sensitization is an immunological response in which a person becomes hypersensitive to a substance following repeated exposure. Skin sensitizers, such as nickel compounds or isothiazolinones, provoke allergic contact dermatitis, while respiratory sensitizers like isocyanates or formaldehyde may induce asthma or other airway inflammation. Sensitization involves a two-phase mechanism: an initial induction phase in which immune tolerance is broken, followed by an elicitation phase upon re-exposure, even at low concentrations. Once sensitized, individuals may experience lifelong hypersensitivity, which can significantly impact their occupational capabilities and quality of life. Hence, sensitizers are classified based on human case reports, animal tests such as the Local Lymph Node Assay (LLNA), and structure-activity relationships (SAR) indicating immunogenic potential.

Chronic toxicity involves long-term exposure to a chemical at relatively low levels and may lead to cumulative damage to organs such as the liver, kidneys, lungs, nervous system, or

endocrine system. For example, prolonged exposure to solvents like toluene or n-hexane can result in neurotoxicity, while heavy metals like cadmium and mercury target renal and hepatic tissues. Repeated dose toxicity studies (28-, 90-day studies) in laboratory animals are used to identify target organ effects and determine no-observed-adverse-effect levels (NOAELs), which are crucial for risk characterization and setting occupational exposure limits (OELs).

Carcinogenicity is the capacity of a substance to induce malignant transformations in cells, leading to the development of tumors. Carcinogens may act through genotoxic mechanisms (direct DNA damage) or through non-genotoxic pathways such as chronic inflammation, receptor-mediated effects, or hormonal imbalances. Substances like benzene, asbestos, and certain polycyclic aromatic hydrocarbons (PAHs) are classified as known human carcinogens by agencies such as the International Agency for Research on Cancer (IARC). Regulatory classification includes Categories 1A (known human carcinogens), 1B (presumed), and 2 (suspected), based on the weight of evidence from human and animal studies.

Mutagenicity refers to the ability of a substance to cause permanent changes in the DNA of cells, which can be inherited if they occur in germ cells. These mutations may result in altered gene expression, malfunctioning proteins, or oncogenic transformations. Genotoxic substances are evaluated using a battery of tests including the Ames test (bacterial reverse mutation), in vitro mammalian cell chromosome aberration, and in vivo micronucleus tests. Chemicals such as ethylene oxide and acrylamide are examples of mutagens with industrial relevance.

Reproductive and developmental toxicity encompasses adverse effects on sexual function, fertility, and fetal development. Reprotoxic substances such as phthalates, lead compounds, or certain hormonal disruptors may impair spermatogenesis, oogenesis, or interfere with embryogenesis and organogenesis. Teratogenic effects, such as those seen with thalidomide or retinoic acid derivatives, highlight the need for stringent testing during drug development and chemical approval processes. These endpoints are assessed using multi-generation reproductive studies, developmental toxicity assays, and hormonal disruption screening tests.

In the case of mixtures, the evaluation of health hazards is more complex. If toxicological data are available for the mixture as a whole, they are prioritized. Otherwise, health hazard classification relies on the known properties of each constituent, adjusted by concentration thresholds, additivity formulas, or bridging principles. For example, a mixture containing multiple respiratory irritants may be classified as a whole if the sum of their adjusted

concentrations exceeds a certain value. Moreover, the presence of CMR substances at even low concentrations (often 0.1%) requires specific labeling and safety considerations, even if the overall toxicity of the mixture appears limited.

7. Transmission chain and effects on humans and the environment (acquisition, storage, transport)

The transmission chain of chemical hazards encompasses all stages of the chemical life cycle from acquisition and storage to transportation each representing a critical control point for potential releases into the environment or exposures affecting human health. Understanding how hazardous chemicals move and interact throughout these phases is essential for designing preventive strategies that limit both occupational and ecological risks. These stages do not operate in isolation; rather, they form a dynamic continuum where the loss of containment, poor risk communication, or regulatory non-compliance at any point can propagate adverse outcomes downstream. The transmission chain is not only relevant to industrial-scale operations but also to small-scale laboratories, healthcare facilities, and household environments, where improper handling or disposal can initiate contamination events.

- **Acquisition** of chemicals marks the entry point of hazardous substances into a facility or supply chain. At this stage, the proper identification and classification of the chemical are crucial. Mislabeling, lack of Safety Data Sheets (SDS), or poor understanding of the chemical's physicochemical and toxicological properties can lead to unsafe handling from the outset. In procurement processes, organizations must ensure that suppliers conform to international standards such as the GHS or the European CLP Regulation and that containers are appropriately labeled with hazard pictograms, precautionary statements, and handling instructions. Failure in this phase may result in purchasing unstable, highly reactive, or incompatible chemicals that pose explosion or corrosion hazards upon arrival or during storage.
- **Storage** conditions play a central role in the transmission of chemical hazards to both people and the environment. Factors such as temperature, humidity, light exposure, ventilation, and proximity to incompatible substances can significantly alter a chemical's stability and hazard profile. For instance, flammable solvents stored in unventilated or overheated spaces may release vapors that exceed their lower explosive limits, creating a risk of ignition. Corrosive substances such as acids or alkalis may

degrade containers over time, leading to leaks that pose direct health risks (e.g., burns, inhalation injury) and indirect environmental contamination through soil and water infiltration. Furthermore, improper segregation of chemicals such as oxidizers stored near flammables can result in violent reactions in the event of spills or contact. Secondary containment systems, temperature monitoring, and compatible shelving materials are essential components of safe chemical storage.

- **Transport**, whether internal or external, represents a mobile and high-risk phase for chemical hazards. Mechanical shocks, temperature fluctuations, or inadequate packaging during transport can lead to container breaches, spills, or even explosions. The hazard is magnified during road, rail, or maritime shipping, where accidents may result in large-scale environmental contamination and public exposure. Regulatory frameworks such as the ADR (Accord relatif au transport international des marchandises Dangereuses par Route), IMDG Code (for maritime transport), and ICAO-TI (for air transport) define stringent requirements for packaging, labeling, documentation, and emergency response planning. Improperly secured cylinders of compressed gases, for example, may become projectiles in vehicle accidents, while chemical leaks from drums during handling can lead to dermal and inhalation exposure of workers.

8. The effects of chemical hazard transmission

On human health can be both acute and chronic, depending on the nature of the chemical and exposure pathway. Inhalation of toxic gases such as chlorine or formaldehyde can cause immediate respiratory distress or long-term pulmonary damage. Contact with corrosive liquids can result in skin burns or eye injuries. Chronic exposure to low concentrations of heavy metals, endocrine disruptors, or carcinogens often through contaminated air, water, or surfaces can lead to systemic diseases such as cancer, neurotoxicity, or reproductive disorders. Vulnerable populations such as children, pregnant women, and immunocompromised individuals are particularly susceptible to long-term effects.

On the environmental level, chemical hazard transmission can severely disrupt ecosystems through contamination of air, water bodies, and soil. Spilled hydrocarbons or solvents can form surface films on water, impeding gas exchange and harming

aquatic organisms. Persistent organic pollutants (POPs) and heavy metals may bioaccumulate in the food chain, leading to biodiversity loss and affecting human food safety. Volatile organic compounds (VOCs) released into the atmosphere contribute to ground-level ozone formation and climate change, while nitrates and phosphates from agricultural chemicals cause eutrophication and aquatic dead zones.

9. Waste disposal

Waste disposal is a fundamental component of public health, environmental protection, and laboratory safety. It involves the systematic collection, segregation, treatment, and final elimination of waste materials generated from various human activities, including industrial processes, medical procedures, and scientific research. Proper waste disposal is essential to prevent contamination, control the spread of infectious agents, reduce environmental pollution, and ensure compliance with national and international regulations. In laboratory and healthcare settings in particular, improper handling of hazardous or biomedical waste can pose serious risks to personnel, patients, and the environment. Therefore, the implementation of safe and efficient waste management practices is not only a regulatory obligation but also a critical aspect of sustainable and ethical operations.

In 2008, the Waste Framework Directive (EU, 2008) was implemented into European Union Legislation as a general framework for waste management requirements and definitions for member states (EU, 2008). By reducing waste production and setting ambitious recovery targets, this would slow down the need for natural resources thus a reduction in habitat disruption, biodiversity loss, and greenhouse gas emissions (Figure 15).



Figure 15 : Waste Hierarchy (EU, 2008)

Management of Biological, Cytotoxic, and Pharmaceutical Waste

The management of biological, cytotoxic, and pharmaceutical waste is a critical aspect of healthcare and laboratory safety. These waste types pose significant risks to human health and the environment due to their potentially infectious, toxic, or chemically active properties. As such, proper handling, segregation, treatment, and disposal are mandated by international health and safety standards.

Biological waste includes materials contaminated with blood, body fluids, tissues, or microbial cultures. This category encompasses items such as used syringes, swabs, surgical instruments, and laboratory cultures. Such waste must be collected in leak-proof, puncture-resistant containers clearly labeled with biohazard symbols. Autoclaving is the most common method for decontaminating biological waste, followed by incineration or disposal in biohazard landfills, depending on local regulations.

Cytotoxic waste consists of substances used in cancer treatment, such as chemotherapy agents, which can be mutagenic, teratogenic, or carcinogenic even at low doses. This category requires particularly stringent controls due to its high toxicity. Personnel must be trained in handling cytotoxic agents with appropriate personal protective equipment (PPE), including gloves, gowns, and face shields. Cytotoxic waste should be disposed of in clearly marked, chemically

resistant containers and incinerated at high temperatures (typically above 1,200°C) to ensure complete destruction of hazardous compounds.

Pharmaceutical waste refers to expired, unused, spilt, or contaminated pharmaceutical products and drugs, including vaccines and antibiotics. Improper disposal, such as flushing drugs into the sewage system, can lead to environmental contamination and the development of antimicrobial resistance. Segregation at the source is crucial: non-hazardous pharmaceuticals may be treated via encapsulation or landfilling, while hazardous pharmaceuticals require high-temperature incineration. Special attention must be given to controlled substances, which require secure storage and documented destruction procedures.

In all cases, waste management should begin with source segregation, followed by color-coded labeling, safe interim storage, and final disposal in accordance with national and international guidelines. Comprehensive staff training, use of PPE, and regular audits of waste management practices are essential to maintaining safety. Furthermore, the implementation of waste minimization strategies such as inventory control, purchasing optimization, and proper drug usage can significantly reduce the volume and hazard of pharmaceutical waste.

Management of Animal Anatomical Waste

Animal anatomical waste refers to body parts, organs, carcasses, and tissues derived from experimental or clinical procedures involving animals. This category of biomedical waste is especially relevant in research laboratories, veterinary clinics, diagnostic centers, and educational institutions where animals are used for scientific, educational, or diagnostic purposes. Due to its organic and potentially infectious nature, animal anatomical waste presents both biosafety risks and ethical disposal challenges, necessitating strict adherence to established waste management protocols.

Proper management begins with segregation at the point of generation. Animal tissues and body parts must be collected in leak-proof, clearly labeled containers lined with biohazard bags. These containers should be resistant to puncture and capable of containing liquids to avoid contamination and exposure. In facilities where infectious agents are used (e.g., BSL-2 or BSL-3 laboratories), this waste must also be treated as hazardous biological waste and handled under enhanced containment protocols.

The storage of animal anatomical waste must occur in designated refrigerated or frozen units if immediate disposal is not feasible. This is critical to minimizing decomposition, odor, and pathogen proliferation. Cold storage also ensures the integrity of waste during the interim period before treatment or transport.

The most commonly employed method of final disposal is high-temperature incineration, typically at temperatures exceeding 1,000°C, ensuring the complete destruction of tissue and potential pathogens. Incineration must be performed in licensed biomedical waste treatment facilities that comply with local and international air quality and environmental regulations. In certain jurisdictions, alkaline hydrolysis has been introduced as a more environmentally friendly alternative. This method uses heat, pressure, and chemical breakdown in an aqueous environment to decompose biological material into sterile effluent and bone residue.

In some cases, burial in specially designated animal waste pits may be permitted under strict conditions, especially in rural veterinary contexts, but only where incineration or advanced treatment technologies are not available. However, this practice is increasingly discouraged due to risks of environmental contamination and groundwater infiltration.

Personnel handling animal anatomical waste must be properly trained in biosafety procedures, wear appropriate personal protective equipment such as gloves, gowns, and masks, and be immunized against zoonotic diseases when applicable (e.g., tetanus, rabies). The role of the biosafety officer or veterinary waste coordinator is also crucial for overseeing compliance, training, and documentation of waste handling processes.

Management of Human Anatomical Waste

Human anatomical waste refers to any identifiable human body parts, organs, tissues, or fetal remains that are removed during surgery, autopsy, biopsy, or other medical procedures. This category of biomedical waste is distinct due to its ethical, legal, and biological implications. Its management is governed by strict regulatory frameworks to ensure safe handling, prevent the spread of infections, and respect human dignity.

The classification and segregation of human anatomical waste is the first critical step in its management. Such waste must be separated at the point of generation and collected in containers that are rigid, leak-proof, puncture-resistant, and clearly labeled with the international biohazard symbol. Red or yellow color-coded bags and containers are typically

used, as per WHO and national regulations. All containers should be sealed securely and handled with appropriate personal protective equipment, including gloves, gowns, face masks, and eye protection.

Given the potential for pathogenic contamination, particularly in post-mortem and surgical contexts, anatomical waste must be handled as hazardous infectious waste. Immediate and temporary storage should occur in a refrigerated or cooled environment if transport or disposal is delayed beyond 24 hours, to minimize decomposition and the release of foul odors or gases.

Incineration at high temperatures (usually above 1,000°C) remains the most widely used and recommended method for final disposal. It ensures complete combustion of organic material and reduces the risk of disease transmission. Only authorized incineration facilities, compliant with environmental standards, should be used. In certain jurisdictions, alkaline hydrolysis (also known as "resomation") is emerging as a more sustainable alternative. This method uses water, alkali, heat, and pressure to decompose soft tissue into a sterile solution, while bones are reduced to a white, powder-like residue.

Burial of anatomical waste may be permitted under specific conditions, particularly for culturally or religiously significant remains, provided it takes place in designated medical or municipal cemeteries with proper authorization and documentation. However, burial is increasingly restricted due to potential risks of groundwater contamination and inconsistent compliance with environmental controls.

All personnel involved in anatomical waste management must undergo specialized training on biosafety, regulatory requirements, and ethical handling. Additionally, comprehensive recordkeeping of the quantity, type, and disposal route of human anatomical waste is mandatory to ensure traceability and legal compliance.

***Chapter 3: Hygiene, Safety, and Good
Laboratory Practices***

1. Introduction

The recurrent incidence of safety-related accidents in laboratory environments can be attributed to a complex interplay of multiple contributing factors. These include the routine handling of hazardous chemicals, deviations from standardized operational procedures, inadequately designed experimental protocols, individual lapses in judgment, and insufficient oversight or supervision. Ensuring a robust and effective laboratory safety framework cannot be achieved through isolated efforts; rather, it requires coordinated and continuous collaboration among all involved parties namely, laboratory personnel, supervisory staff, and institutional leadership. Through this integrated approach, the probability of chemical-related incidents can be substantially minimized, the potential impact of accidents mitigated, and both human health and environmental integrity effectively preserved.

Each of these stakeholder groups engages with laboratory safety from distinct perspectives and is driven by unique operational priorities. As such, they must each fulfill specific responsibilities within a shared framework aimed at ensuring the secure functioning of laboratory activities. The following sections of this review will provide a detailed academic analysis of the roles and obligations associated with laboratory operators, directors, and institutional administrators. Additionally, a structured set of evidence-based protocols and strategic safety measures will be proposed, offering a comprehensive blueprint for enhancing safety culture and operational resilience within chemical laboratory settings (figure 16).



Figure 16: The three roles and their associated tasks in chemical laboratory safety (Wanshu et al., 2025).

2. Safety rules at the workbench

Adherence to strict safety protocols at the laboratory bench is essential to ensure a safe and controlled working environment during experimental procedures. The laboratory bench represents a high-risk area due to the frequent handling of hazardous substances, biological agents, sharp instruments, and reactive chemicals. To minimize the potential for accidents and contamination, benches must be kept organized, uncluttered, and free of unnecessary materials. All containers must be clearly labeled with the chemical name, concentration, hazard symbols, and date of preparation. Personal protective equipment (PPE), such as lab coats, gloves, and safety goggles, must be worn at all times while working at the bench. Eating, drinking, and the application of cosmetics are strictly prohibited to prevent ingestion of toxic agents. Furthermore, all spills must be addressed immediately using appropriate spill kits, and contaminated surfaces must be disinfected following standardized protocols. Proper waste segregation such as separating biological, chemical, and sharps waste is also critical to maintaining safety and regulatory compliance. Regular training and strict adherence to bench safety procedures are key to mitigating laboratory hazards and protecting personnel, research integrity, and the broader environment.

-Practices, and Procedures:

- a. General Safety: Generally, it is prudent to avoid working alone in a laboratory. Under normal working conditions, you should make arrangements with individuals working in separate laboratories, or Security personnel, to carry out a personal safety check periodically. Do not undertake experiments known to be hazardous when working alone.
- b. Under some conditions, special rules may be necessary. The supervisor of the laboratory has the responsibility for determining whether the work requires special safety precautions, such as having a second person present during a particular operation.
- c. Know the materials you are working with (e.g. chemical, biological, radioactive): Refer to the written laboratory protocols and review the Safety Data Sheets (SDS) for chemicals. Consider the toxicity of materials, the health and safety hazards of each procedure, the knowledge and experience of laboratory personnel, and the safety equipment that is available.

- d. Know the location of safety equipment and emergency procedures in your area.
- e. Always wear appropriate clothing including long pants, closed toed shoes (no skin showing), and personal protective equipment, (e.g. safety glasses, lab coats, gloves) in the laboratory. (The only exception being the Marine Science Center field labs).
- f. Remove personal protective equipment and wash areas of exposed skin before leaving the laboratory.
- g. Before and After Hours work in laboratories: For safety reasons, working alone in laboratories before or after hours is not encouraged whether you are faculty, staff, student or a volunteer and should only be done on an asneeded basis. Normal working hours are considered 7:00am to 6:00pm, if you doing work in a laboratory setting before 7:00am or after 6:00pm on a week day or anytime on weekends, you must follow the Before and After Hours laboratory policy. Laboratory access will be regulated by the Supervisor of the lab area, except when in use by another program or otherwise posted as closed. Laboratory priority is given to scheduled classes and examination preparation. Signs will be posted when classes are in session and when exams are scheduled. All student access will be denied when either of these events occurs.






3. Risk assessment

Risk assessment in the laboratory is a systematic and essential process aimed at identifying, evaluating, and mitigating potential hazards associated with laboratory activities. This procedure involves the careful analysis of all elements within the laboratory environment, including chemical, biological, physical, and ergonomic risks. It begins with the identification of hazards such as toxic chemicals, infectious agents, flammable materials, or equipment under pressure followed by an evaluation of the likelihood of exposure and the severity of potential consequences. Factors such as the toxicity of substances, routes of exposure, frequency and duration of use, and the vulnerability of personnel are all taken into account. The purpose of this assessment is to implement appropriate control measures, including engineering controls, administrative protocols, and the use of personal protective equipment (PPE), in order to minimize or eliminate risks. A well-conducted laboratory risk assessment not only ensures regulatory compliance but also plays a critical role in fostering a culture of

safety, protecting personnel, preserving the integrity of scientific research, and preventing accidents or harmful exposures. Regular reviews and updates of risk assessments are necessary, especially when new procedures, equipment, or materials are introduced.

- **TAKE 5**

Take 5 is a quick 5-point risk assessment that should be carried out before using a chemical.

	1. IDENTIFY HAZARDS Use an SDS/and or SMOU to identify hazards, including the form of the chemical (powder, liquid solid).
	2. PREPARATION HAZARDS Are hazards introduced during the preparation? Will you be heating and/or mixing with other chemicals that may react?
	3. PROTECTION (PPE/CONTROLS) How will you protect yourself and others when doing the experiment?
	4. EMERGENCY PROCEDURES How will you deal with an emergency such as spills, splashes and fires? Where is the safety equipment (eyewash, safety shower) if required?
	5. DISPOSAL How will you dispose of the chemical and by-products/waste that form during the experiment?

4. Risk Analysis Methodology

The methodology employed in risk analysis is founded on a structured approach that prioritizes hazards based on their potential impact and likelihood of occurrence. This process involves the identification of critical risk points, systematic evaluation of risk factors, and the implementation of precautionary measures in accordance with the hierarchy of control. The primary objectives of this method are twofold: to minimize operational and equipment-related losses, and to prevent occupational accidents through proactive intervention. Importantly, this approach also seeks to identify the most cost-effective risk mitigation strategies without compromising safety standards. By adopting a systematic workflow, as illustrated in Figure 1, organizations can ensure that risk assessments are conducted in a consistent, comprehensive, and economically rational

manner, thereby enhancing both workplace safety and operational efficiency (Figure 17).

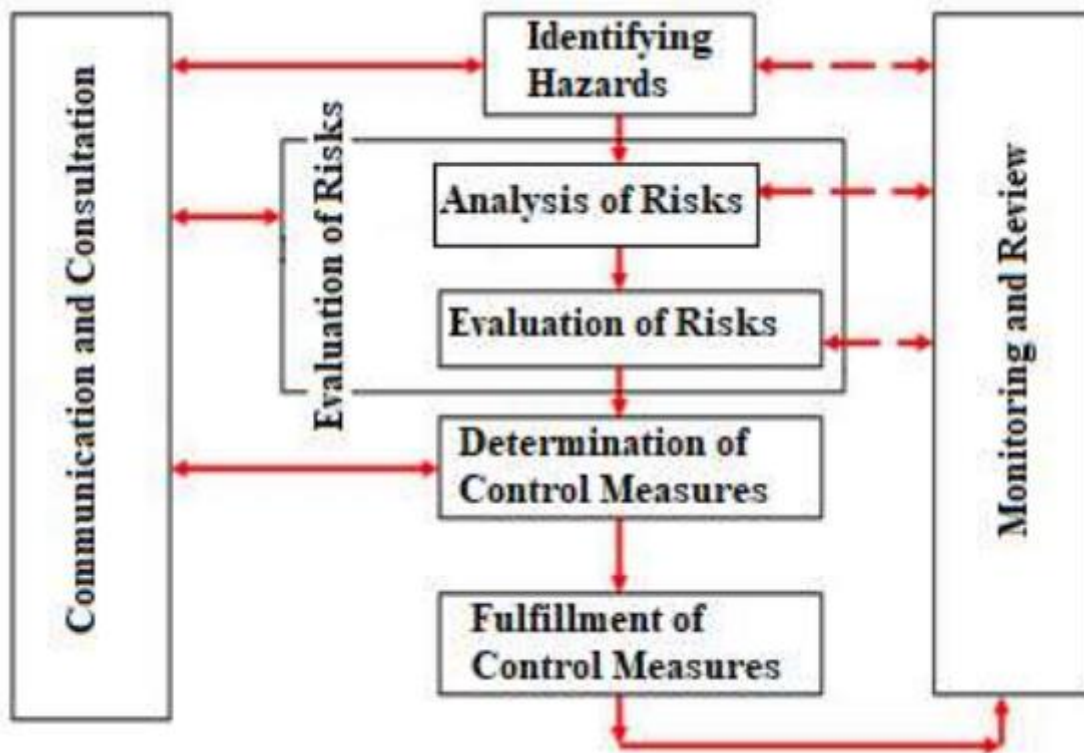


Figure 17: The workflow chart in risk analysis and assessment (Karahan and Aydođmuş, 2023)

5. Maintenance, cleaning, disinfection, and decontamination of equipment

Cleaning, disinfection, and decontamination are essential pillars of infection prevention and control (IPC) in healthcare settings. These processes serve as the first and most critical line of defense against the spread of healthcare-associated infections (HAIs), especially in environments where reusable medical devices are in constant circulation. Despite their importance, many healthcare facilities around the world still face significant challenges in implementing effective IPC measures. Inadequate infrastructure, limited access to sterilization equipment, and insufficient staff training often result in improper reprocessing of critical and semi-critical medical instruments. The reprocessing cycle involves several essential steps, beginning with thorough cleaning to remove organic matter, followed by appropriate disinfection or sterilization depending on the device classification. Cleaning must always precede disinfection or sterilization, as residual debris can shield microorganisms from the

action of chemical or thermal agents. High-level disinfection is typically used for semi-critical instruments, while sterilization via autoclaving, ethylene oxide gas, or hydrogen peroxide plasma is necessary for critical devices that enter sterile body areas. Furthermore, personnel involved in reprocessing must be trained in handling instruments safely, using personal protective equipment (PPE), and following validated protocols. Failure at any stage of this chain not only compromises patient safety but also contributes to antimicrobial resistance and increased healthcare costs. Therefore, strengthening IPC systems through standardized procedures, ongoing training, and investment in appropriate technologies is essential for safe and effective healthcare delivery.

- Cleaning and Pre-cleaning

Cleaning and pre-cleaning are critical initial steps in the reprocessing of contaminated medical devices and play a fundamental role in preventing healthcare-associated infections. Effective cleaning physically removes organic and inorganic materials, such as blood, tissue, and bodily fluids, which can interfere with the disinfection or sterilization processes. Pre-cleaning, typically performed at the point of use immediately after an instrument is employed, reduces the bioburden and prevents debris from drying and adhering to surfaces. To ensure the effectiveness of these processes, all personnel involved in handling and reprocessing contaminated items must receive adequate training and regular retraining in cleaning protocols, safety standards, and equipment use. Additionally, they must wear appropriate personal protective equipment (PPE) including gloves, gowns, face shields, and masks to prevent exposure to infectious agents. Beyond protective clothing, staff must also receive proper prophylactic vaccinations, such as those for hepatitis B and influenza, as part of institutional infection prevention policies. Adherence to these requirements not only ensures the safety of healthcare workers but also contributes to the overall efficacy of infection control strategies within healthcare facilities.

- Reprocessing Medical Devices

Reprocessing medical devices is a fundamental aspect of infection prevention and control (IPC) in modern healthcare settings, particularly as the use of reusable medical equipment remains widespread in clinical practice. Reprocessing refers to the validated process of cleaning, disinfecting, or sterilizing a previously used device to make it safe for reuse on another patient. This process must be rigorously performed to eliminate all forms of microbial life, including

bacteria, viruses, and spores, and to prevent cross-contamination or the transmission of healthcare-associated infections (HAIs). The Spaulding Classification system provides the framework for determining the level of reprocessing required based on the intended use of the device: critical items that enter sterile tissues or the vascular system must be sterilized; semi-critical items that contact mucous membranes require high-level disinfection; and non-critical items that contact intact skin require intermediate or low-level disinfection.

The reprocessing cycle consists of several essential steps: pre-cleaning at the point of use, manual or automated cleaning, rinsing, disinfection or sterilization, drying, inspection, packaging, and storage. Pre-cleaning involves the immediate removal of gross soil and biological debris to prevent it from drying and becoming difficult to remove. Cleaning, the most critical step, physically removes organic and inorganic material and must always precede any disinfection or sterilization. Manual cleaning requires brushes, detergents, and strict attention to device complexity, while automated washers or ultrasonic cleaners are used for more efficient and standardized processing.

Disinfection or sterilization methods are selected based on the device's material compatibility and classification. Sterilization methods include steam autoclaving, ethylene oxide gas, hydrogen peroxide gas plasma, and, for heat-sensitive items, liquid chemical sterilants. After processing, all devices must be inspected for cleanliness, integrity, and functionality before being packaged and stored under conditions that preserve sterility until use. Personnel involved in reprocessing must be trained in infection control practices, handling of biohazardous materials, and use of personal protective equipment (PPE). Facilities must ensure regular competency assessments, access to updated guidelines, and adherence to national and international standards, including those issued by the CDC, WHO, and national health regulatory agencies.

Failure in any phase of the reprocessing chain can result in patient harm, outbreaks of infection, and increased healthcare costs. Therefore, the implementation of validated, auditable, and standardized reprocessing protocols is not only a regulatory requirement but an ethical obligation to ensure patient safety and uphold the quality of healthcare delivery.

- Decontamination of Equipment

Decontamination of equipment is a critical process in healthcare settings that ensures the safe reuse of medical devices and reduces the risk of transmitting infectious agents between patients and healthcare workers. Decontamination is a broad term that encompasses cleaning, disinfection, and sterilization, and its purpose is to eliminate or reduce microbial contaminants on medical instruments to a level that is safe for further handling or use. The level of decontamination required depends on the type of equipment and the degree of contact it has with patients, as defined by the Spaulding Classification. Effective decontamination begins with thorough **cleaning**, which is essential for physically removing organic matter, such as blood and tissue, that may shield microorganisms from chemical or thermal agents used in the subsequent stages. Without effective cleaning, disinfection and sterilization processes are likely to fail.

Following cleaning, disinfection or sterilization is performed, depending on the nature of the equipment. High-level disinfection is typically used for semi-critical instruments, such as endoscopes, which contact mucous membranes but do not penetrate sterile tissues. Sterilization, which eliminates all microbial life including spores, is required for critical devices that enter normally sterile areas, such as surgical instruments and catheters. Common methods of sterilization include steam autoclaving, ethylene oxide gas, and hydrogen peroxide plasma, all of which must be carefully selected based on the device's material composition and heat sensitivity. Low-level disinfection may be adequate for non-critical equipment, such as blood pressure cuffs or stethoscopes, which come into contact only with intact skin.

Personnel responsible for decontamination must receive comprehensive training in infection prevention and control practices, including the proper use of personal protective equipment (PPE), chemical handling, and safety protocols. The work environment should be divided into clearly designated zones dirty, clean, and sterile to avoid cross-contamination during processing. Equipment used for decontamination, such as ultrasonic cleaners and automated washers, must also undergo regular maintenance and validation to ensure they perform to standard. Documentation and traceability of each decontamination cycle are essential for quality assurance and for responding effectively in the event of an outbreak or equipment failure.

6. General rules of radiological protection

The adverse biological effects of high-dose ionizing radiation have been recognized since the earliest applications of X-rays following Roentgen's discovery in 1895. These effects, which include tissue damage, carcinogenesis, and other deterministic outcomes, are extensively documented in the scientific literature and widely accepted within the medical and radiological communities. There is a strong consensus on the causal relationship between high radiation doses and a range of harmful health effects. In contrast, the potential risks associated with low-dose radiation exposure such as those encountered in diagnostic imaging procedures remain a subject of ongoing debate and scientific investigation. While some studies suggest that even minimal exposure may contribute to long-term stochastic effects, others argue that the biological impact at such low levels is negligible or mitigated by natural cellular repair mechanisms. Consequently, the absence of conclusive evidence has prevented the establishment of a universal consensus on the health implications of low-dose exposure, highlighting the need for continued research and cautious application of radiological protection principles in clinical practice.

The general rules of radiological protection are grounded in the need to minimize the risk of harm from exposure to ionizing radiation, particularly in clinical and diagnostic contexts. Since the discovery of X-rays by Wilhelm Roentgen in 1895, the deleterious effects of high-dose radiation exposure have been clearly documented in scientific literature, including acute radiation syndrome, carcinogenesis, and tissue damage. There is widespread consensus among international scientific and regulatory bodies such as the International Commission on Radiological Protection (ICRP) and the World Health Organization (WHO) regarding the biological risks associated with high-dose exposures, especially those encountered in radiation therapy, nuclear accidents, or occupational settings without adequate protective measures.

In contrast, the potential harmful effects of low-dose radiation, such as that used in diagnostic imaging (e.g., X-rays, CT scans), remain a topic of ongoing scientific debate. While the linear no-threshold (LNT) model is currently used as a conservative framework for radiological protection assuming that any dose, no matter how small, carries some risk of stochastic effects like cancer empirical evidence supporting this model at very low doses is limited and sometimes contradictory. Some researchers argue that low-dose exposure may trigger adaptive cellular responses or repair mechanisms that mitigate damage, while others maintain that cumulative

exposure, even at low levels, should not be underestimated, especially in vulnerable populations such as children or patients requiring repeated imaging.

To address both established and potential risks, radiological protection follows three core principles: justification, optimization, and dose limitation. Justification ensures that no radiation-based procedure is performed unless it offers a net benefit to the patient. Optimization, implemented through the ALARA principle (As Low As Reasonably Achievable), seeks to minimize exposure by adjusting protocols, shielding, and equipment calibration. Dose limitation refers primarily to occupational and public exposures, with clearly defined annual dose thresholds to prevent deterministic effects. Healthcare professionals working with radiological equipment must undergo specific training, use personal dosimeters, and adhere strictly to safety protocols such as lead shielding, controlled access zones, and time-distance-shielding strategies.

-Radiological Protection and Low-Dose Exposure: The Role of ALARA, ALADA, and ALADAIP

While the biological risks of high-dose ionizing radiation are well-established and universally acknowledged, the potential adverse effects of low-dose exposure such as those encountered during diagnostic imaging procedures remain a topic of scientific uncertainty and ongoing debate. Epidemiological data at these lower exposure levels are inconclusive, and the linear no-threshold (LNT) model, although commonly used in radiation protection, is considered a conservative assumption rather than a proven risk model. In light of this uncertainty, radiological protection protocols emphasize precaution and risk minimization through a series of guiding principles, notably ALARA (As Low As Reasonably Achievable), ALADA (As Low As Diagnostically Acceptable), and ALADAIP (As Low As Diagnostically Achievable, Indication-oriented, and Patient-specific).

The ALARA principle forms the foundation of radiological safety. It advocates reducing radiation exposure to the lowest level that is reasonably achievable, taking into account economic and societal factors, while still obtaining the necessary clinical information. This principle has been widely adopted in medical imaging, radiation therapy, nuclear medicine, and occupational exposure regulation. However, ALARA alone does not explicitly consider the clinical diagnostic utility of the image or the individual characteristics of the patient.

To address these gaps, the ALADA principle was introduced, emphasizing that radiation doses should not only be as low as possible but must still produce images of diagnostically acceptable quality. This ensures that efforts to reduce exposure do not compromise the ability to accurately diagnose or monitor disease. An image that is too low in quality due to excessive dose reduction may lead to diagnostic errors or the need for repeat imaging paradoxically increasing the total exposure.

Building further upon this concept, ALADAIP incorporates a more personalized approach. It stresses that radiation dose optimization should be indication-specific and tailored to the individual patient's characteristics, such as age, sex, clinical history, and anatomical differences. This patient-centered model is especially relevant in pediatric imaging and for patients requiring multiple radiologic examinations, where cumulative doses could pose a greater long-term concern.

Despite the theoretical risks associated with low-dose exposure, current evidence suggests that when diagnostic procedures are appropriately justified and optimized, the clinical benefits far outweigh the potential harm. For example, early detection of pathologies such as cancer, cardiovascular disease, or internal trauma through radiologic imaging can significantly improve patient outcomes and reduce overall healthcare burden. Therefore, the application of ALARA, ALADA, and ALADAIP not only promotes safe radiological practice but also aligns with the broader ethical responsibility of healthcare professionals to balance benefit, risk, and necessity in medical decision-making.

-Radiation Protection in Algeria

Radiation protection in Algeria is governed by a regulatory framework aimed at ensuring the safety of workers, the public, and the environment from the harmful effects of ionizing radiation. The development of radioprotection measures has followed global standards, particularly those issued by the International Atomic Energy Agency (IAEA), the World Health Organization (WHO), and the International Commission on Radiological Protection (ICRP).

The **Algerian Atomic Energy Commission (COMENA)** serves as the central governmental body responsible for coordinating national policies related to nuclear energy and radiation safety. The legal foundation of radiation protection is established through **Law No. 01-020 of 2000**, which outlines the peaceful use of nuclear energy and the safety principles surrounding

its application. Complementary decrees and regulations define radiation exposure limits, licensing procedures, waste management protocols, and emergency preparedness plans.

In the medical field, radiation protection is essential due to the widespread use of diagnostic imaging (e.g., X-rays, CT scans) and nuclear medicine. The Ministry of Health, Population, and Hospital Reform (MSPRH) oversees the implementation of protection standards, mandating the use of lead shielding, dosimetry monitoring for health professionals, periodic equipment calibration, and patient dose optimization techniques under the ALARA principle (As Low As Reasonably Achievable). Despite the regulatory framework, some health institutions in Algeria still face challenges related to insufficient training of personnel, outdated equipment, and lack of systematic quality control.

Algeria also hosts two research nuclear reactors, their operation is subject to strict radiological safety controls, environmental monitoring, and waste management strategies in compliance with international guidelines.

One of the main challenges in Algeria remains the management of radioactive waste, especially from medical and industrial sources. Although efforts have been made to establish secure storage and disposal facilities, the country is still in the process of developing a comprehensive national strategy for long-term radioactive waste management.

Table 03: Radiation Protection Organizations

Organizations	Designation	Mission
Internationals organizations	IAEA – International Atomic Energy Agency	- To develop international safety standards, including guidelines for radiation protection. -Assists countries in implementing these standards through training, technical support, and safety assessments
	ICRP – International Commission on Radiological Protection	-Recommendations and guidance on all aspects of protection against ionizing radiation.

		-The ICRP's principles justification, optimization, and dose limitation form the foundation of radiation safety regulations worldwide.
	WHO – World Health Organization	-Provides international health-related guidance, especially for medical exposure to radiation -Monitors the impact of radiation incidents and works to reduce radiation exposure in healthcare settings.
	UNSCEAR – United Nations Scientific Committee on the Effects of Atomic Radiation	-Responsible for evaluating global levels and effects of radiation exposure from natural, medical, and artificial sources
	IRPA – International Radiation Protection Association	-Promotes the professional development of radiation protection specialists and supports education, ethics, and good practices in the field.
	ICRU – International Commission on Radiation Units and Measurements	-Standardizes quantities, units, and doses measurements used in radiation protection and medical applications.
Nationals organizations	COMENA – Commissariat à l'Énergie Atomique (Algerian Atomic Energy Commission)	-Developing national nuclear infrastructure - Supervising radiation protection across nuclear and radiological facilities - Collaborating with international bodies such as the IAEA - Supporting research and education in radiological sciences
	CNESTEN (Centre de Recherche Nucléaire de Draria – Draria Nuclear Research Center)	- Providing expertise in radiological protection and safety

		<ul style="list-style-type: none"> - Conducting environmental surveillance and contamination assessments - Supporting national programs for the medical and industrial use of radiation
	Ministry of Health, Population and Hospital Reform (MSPRH)	<ul style="list-style-type: none"> - Ensure medical staff are trained in radiation protection - Monitor patient exposure - Implement radiation protection protocols in hospitals and diagnostic centers
	National Institute of Public Health (INSP)	-Contributes to epidemiological surveillance of radiation exposure, public awareness campaigns, and national preparedness for radiological emergencies.

Algerian legislatives Acts on Radiation Protection

- **Presidential Decree No. 05-117 (11 April 2005):** Establishes comprehensive radiation protection measures against ionizing radiation. It defines exposure categories (professional, potential, medical, public, emergency), mandates authorization for radioactive sources and devices, sets requirements for facility safety and monitoring, and outlines exposure optimization principles such as justification, dose minimization, and quality assurance in medical radiology
- **Presidential Decree No. 05-118 (11 April 2005):** Regulates the ionization of foodstuffs, detailing safety safeguards for using irradiation in food processing .
- **Presidential Decree No. 05-119 (11 April 2005):** Governs the management of radioactive waste, setting disposal protocols and safe handling requirements for radioactive materials .
- **Presidential Decree No. 96-436 (1 December 1996):** Defines the creation, organization, and functions of COMENA, giving it authority over nuclear energy and radiation safety administration .

- **Presidential Decrees No. 06-183 (31 May 2006) and 07-279 (18 September 2007):** Modify the organizational mandate and authority of COMENA, strengthening its oversight of ionizing radiation .
- **Executive Decree No. 17-126 (27 March 2017):** Specifies the mechanisms for preventing and responding to radiological and nuclear risks, establishing guidelines for detection, emergency response, and crisis management .
- **Interministerial Orders (January 2011):** Issued under the 2005 decree to set detailed requirements for marking regulated areas containing ionizing sources and governing conditions for using individual dosimeters (Figure 18)

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<p>Incident nucléaire : tout événement involontaire, y compris les erreurs opératoires, les défaillances d'équipements, les événements initiateurs d'accident, les événements évités de peu ou d'autres anomalies ou les actes non autorisés, malveillants ou non, dont les conséquences réelles ou potentielles ne sont pas négligeables du point de vue de la protection ou de la sûreté.</p>	<p>* L'uranium dont la teneur en uranium 235 est inférieure à la normale, le thorium, toutes les matières mentionnées ci-dessus sous forme de métal, d'alliages, de composés chimiques ou de concentrés, et toute autre matière contenant une ou plusieurs des matières mentionnées ci-dessus, à des taux de concentration définis par l'autorité.</p>	
<p>Inspection : examen, observation, mesure ou essai destiné à vérifier les structures, les systèmes, les composants et les matériaux, ainsi que les opérations, les procédés, les procédures et la compétence du personnel.</p>	<p>Matières radioactives : matière contenant des éléments émettant des rayonnements ionisants ou des particules désignées comme devant faire l'objet d'un contrôle réglementaire.</p>	
<p>Installation nucléaire : toute installation, y compris le terrain, les bâtiments et les équipements construits dans laquelle sont produites, traitées, utilisées, manipulées, entreposées ou stockées des matières nucléaires à une échelle telle que les mesures de sûreté nucléaire, de sécurité nucléaire et de radioprotection sont exigibles, telle que :</p>	<p>Mise en service : ensemble des opérations qui consistent à faire fonctionner les systèmes et composants fabriqués pour des installations et activités et à vérifier qu'ils sont conformes à la conception et satisfont aux critères de performance prescrits.</p>	
<ol style="list-style-type: none"> 1. Toute installation de traitement de matières brutes. 2. Toute installation d'entreposage, de traitement, de production, ou d'utilisation de matières nucléaires ou radioactives. 3. Toute installation destinée à l'exploitation d'un réacteur nucléaire. 4. Tout accélérateur de particules utilisant ou produisant de la matière radioactive ou nucléaire, autre que ceux destinés à usage médical. 5. Toute installation destinée à l'entreposage ou au stockage de combustible usé ou de déchets radioactifs sous réserve qu'elle se situe en dehors d'une autre installation nucléaire au sens de la présente loi. 	<p>Protection physique : mesures de protection des matières ou des installations nucléaires, conçues pour empêcher l'accès non autorisé aux installations, l'enlèvement non autorisé de produits fissiles ou actes de sabotage au regard des garanties, telles que celles prévues dans la Convention sur la protection physique des matières nucléaires.</p>	
<p>Libération : soustraction de matières radioactives ou d'objets radioactifs associés à des pratiques autorisées à tout contrôle ultérieur de l'autorité.</p>	<p>Radioprotection : ensemble des dispositions techniques et des mesures d'organisation destinées à assurer la protection de la santé et de l'environnement contre les effets néfastes des rayonnements ionisants lorsque ceux-ci sont utilisés à des fins industrielles, médicales, vétérinaires, agricoles ou de recherche scientifique.</p>	
<p>Licence : document, délivré par l'autorité, autorisant des personnes à exercer des tâches liées à une installation nucléaire.</p>	<p>Rayonnements ionisants : transfert d'énergie sous forme de particules ou d'ondes électromagnétiques capables d'ioniser la matière de manière directe ou indirecte.</p>	
<p>Matières nucléaires :</p>	<p>Réacteur de recherche : réacteur nucléaire utilisé principalement pour la production et l'utilisation de flux de neutrons et de rayonnements ionisants à des fins de recherche et pour certains d'autres usages.</p>	
<p>* Les matières fissiles spéciales :</p> <p>Le plutonium 239, l'uranium 233, l'uranium enrichi en Uranium 235 ou en Uranium 233, ainsi que tout autre produit contenant un ou plusieurs des isotopes ci-dessus, et toutes autres matières fissiles qui seront définies par l'autorité.</p>	<p>Réhabilitation : opérations qui consistent à retirer les matériaux contaminés en surface et à excaver les terres polluées pour atteindre un niveau de radioactivité résiduel sans risque pour l'homme et l'environnement.</p>	
<p>L'uranium enrichi en Uranium 235 ou en uranium 233 désigne l'uranium contenant soit de l'uranium 235, soit de l'uranium 233, soit ces deux (2) isotopes en quantité telle que le rapport entre la somme de ces deux (2) isotopes et l'isotope 238, soit supérieur au rapport entre l'isotope 235 et l'isotope 238 dans l'uranium naturel.</p>	<p>Risque radiologique :</p> <ul style="list-style-type: none"> — effets sanitaires nocifs de l'exposition aux rayonnements (y compris la probabilité que de tels effets se produisent) ; — tout autre risque lié à la sûreté (y compris les risques aux écosystèmes de l'environnement) pouvant être une conséquence directe : 	
<p>* Les matières brutes :</p> <p>* L'uranium contenant le mélange d'isotopes qui se trouvent dans la nature autrement que sous forme de minerais ou de résidus de minerais ;</p>	<ul style="list-style-type: none"> * d'une exposition à des rayonnements ; * de la présence de matières radioactives (y compris de déchets radioactifs) ou de leur rejet dans l'environnement ; * d'une perte de contrôle du cœur d'un réacteur nucléaire, d'une réaction en chaîne, d'une source radioactive ou de toute autre source de rayonnements. 	

Figure 18: Algerian legislative Acts on Radiation Protection

7.Safety rules for handling lasers

Lasers are essential tools in numerous scientific, medical, and industrial applications due to their precision and versatility; however, improper use can pose significant hazards to human health and safety. Laser radiation, particularly from Class 3B and Class 4 lasers, can cause acute injuries to the eyes and skin and may also present fire, electrical, and chemical risks depending on the system in use. For this reason, strict adherence to laser safety protocols is vital in any setting where lasers are operated. These protocols are grounded in internationally recognized standards, including those established by the American National Standards Institute and the International Electrotechnical Commission .

The first line of laser safety is classification and risk assessment. Lasers are categorized from Class 1 (no known hazard under normal operation) to Class 4 (highly hazardous to eyes and skin, with potential fire risk). A thorough hazard evaluation must be conducted before using a laser system, considering not only beam properties (wavelength, power, pulse duration) but also environmental factors such as reflectivity, accessibility, and population exposure.

Engineering controls are essential to reduce risks at the source. These include beam enclosures, interlocks, key-switch activation, beam shutters, and emission indicators. Whenever possible, the laser beam path should be enclosed, and reflective surfaces minimized. **Administrative controls** such as standard operating procedures (SOPs), safety signage, restricted access areas (e.g., laser-controlled areas), and clearly marked hazard zones are required to prevent unauthorized or unsafe access.

Personal protective equipment is mandatory when engineering and administrative controls cannot fully eliminate the risk of exposure. The most critical PPE for laser work is laser safety eyewear, which must be matched to the specific wavelength and optical density (OD) of the laser in use. Protective gloves and flame-resistant lab coats may also be necessary when handling Class 4 lasers or lasers used in conjunction with hazardous materials.

Personnel training is a cornerstone of laser safety. All individuals working with or around lasers must undergo formal instruction on laser hazards, safe work practices, emergency procedures, and the proper use of PPE. Special attention must be given to the dangers of specular and diffuse reflections, especially in invisible wavelengths (infrared or ultraviolet), which can injure without triggering normal protective reflexes.

Additional risks, such as **electrical hazards from laser power supplies**, **chemical hazards from laser dyes or gases**, and **mechanical risks** from beam delivery systems, must also be addressed. Routine inspection and maintenance of laser systems are required to ensure operational integrity and compliance with safety standards. Emergency procedures must be established and rehearsed, including immediate protocols in the event of accidental exposure or equipment failure.

Laser Classification and Associated Safety Rules

Lasers are classified based on their potential to cause biological damage, particularly to the eyes and skin. This classification is standardized by regulatory frameworks such as the International Electrotechnical Commission (IEC 60825-1) and the American National Standards Institute (ANSI Z136.1). The system categorizes lasers into four primary classes: Class 1, Class 2, Class 3 (subdivided into 3R and 3B), and Class 4. Class 1 lasers are considered inherently safe under normal operating conditions, posing no risk of injury. Class 2 lasers emit visible light and are generally safe for accidental, momentary exposure due to the protective blink reflex. Class 3R lasers are potentially hazardous for direct viewing, but the risk is relatively low. Class 3B lasers can cause immediate eye injury upon direct exposure, while Class 4 lasers are the most dangerous, capable of causing severe eye and skin injuries and presenting fire and fume hazards.

To manage these risks effectively, specific safety rules must be followed according to the laser class. For Class 1 and 2 lasers, minimal protective measures are required, though care must be taken to avoid intentional eye exposure. For higher-powered lasers (Class 3B and Class 4), comprehensive safety protocols are mandatory. These include the establishment of controlled laser use areas with restricted access, clearly posted warning signs, and the implementation of key-controlled activation systems and beam enclosures to prevent unintended exposure. Protective barriers and interlocks should be installed to contain the beam within a designated safe zone.

Personal protective equipment (PPE) is a critical component of laser safety, especially when dealing with Class 3B and Class 4 systems. Laser safety eyewear must be chosen based on the laser's wavelength and optical density to ensure adequate protection. Operators and observers must wear eyewear at all times while the laser is operational. In addition, flame-resistant clothing and gloves may be required when using high-powered lasers in environments with flammable substances.

Administrative controls also play an essential role in maintaining laser safety. Institutions should appoint a Laser Safety Officer (LSO) to oversee compliance with safety standards, conduct hazard assessments, and enforce standard operating procedures. All personnel involved in laser operation must undergo rigorous training to understand beam hazards, alignment safety, emergency protocols, and the correct use of PPE. Periodic safety audits and refresher courses are recommended to maintain a high standard of awareness and readiness.



Figure 19: Laser Classification

***Chapter 4: Managing Accidental
Situations***

1. Introduction

Risk management is a critical component of occupational health and safety practices, aimed at minimizing potential hazards and ensuring a safe work environment. Implementing a structured risk management process enhances employee safety and serves as a proactive approach to managing workplace conditions. It provides reliable data to support decision-making and helps prioritize interventions and preventive actions. Furthermore, risk management facilitates effective communication about hazards, promotes the comparison of different methods and techniques, and supports the onboarding of new personnel by providing clear safety protocols. It also encourages collaboration and knowledge sharing among staff. Importantly, risk management ensures compliance with legal requirements, such as those outlined in various Swedish Work Environment Authority provisions (AFS), including systematic work environment management (AFS 2001:1), chemical hazards (AFS 2011:19), biological risks (AFS 2018:4), and specific risks for pregnant and nursing workers (AFS 2007:5), among others. Overall, a well-executed risk management strategy is essential for maintaining a safe, efficient, and legally compliant workplace.

2. Fire detection

Fire detection plays a fundamental role in risk management and safety assurance within residential, industrial, and laboratory environments. Conventional fire detection systems primarily rely on sensor-based technologies, such as heat sensors, smoke detectors, and flame detectors. These systems identify physical by-products of fire such as temperature rise, airborne particulates, or emitted radiation as triggering indicators. However, despite their widespread application, these traditional methods often face limitations in terms of accuracy, response time, and susceptibility to false alarms.

The **sensor latency** associated with traditional fire detection technologies can result in delayed response, particularly in environments where smoke or heat dispersion is slow or obstructed. Moreover, conventional detectors may struggle to differentiate between actual fire incidents and non-hazardous environmental conditions such as dust, steam, or aerosolized particles. These limitations emphasize the necessity for enhanced detection frameworks.

With recent progress in computer vision and artificial intelligence, a new generation of fire detection systems is emerging. Vision-based fire detection utilizes image processing techniques, pattern recognition, and deep learning models to identify visual cues associated

with fire, such as flames, smoke plumes, and changes in color, shape, or motion. These technologies are capable of analyzing video streams in real time, enabling early fire prediction and detection even before physical indicators reach traditional sensor thresholds.

Machine learning models, particularly convolutional neural networks (CNNs), have demonstrated strong performance in recognizing fire patterns under varying environmental conditions. When trained on large datasets of fire and non-fire images, these models can distinguish between true fire events and false positives with high precision. Moreover, integration with IoT infrastructure allows vision-based systems to be deployed in smart buildings and industrial facilities, where they can function collaboratively with sensor-based alarms for optimal situational awareness.

The Legacy Fire Detection Systems

Conventional fire detection systems, often termed as "legacy systems," have long relied on threshold-based detection mechanisms using smoke, heat, and flame sensors. While these systems are effective to some extent in identifying early fire indicators, they are inherently limited in their capacity to adapt to dynamic environmental conditions or distinguish between false positives and genuine hazards. Consequently, researchers have increasingly focused on integrating machine learning (ML) and artificial intelligence (AI) into fire detection frameworks to enhance detection accuracy, reduce false alarms, and improve real-time responsiveness.

Several studies have demonstrated the potential of combining visual data and sensor readings with advanced ML models. For instance, Shen (2018) conducted a study utilizing the YOLO (You Only Look Once) object detection framework to detect flames in images. YOLO is a deep learning-based model widely used in computer vision due to its capability for real-time, multi-object recognition, including flame identification. In Shen's study, the model was trained with 196 fire-related images and achieved a detection accuracy of 76%. However, the relatively small dataset limited the model's generalizability and robustness, suggesting the need for larger and more diverse training samples.

In another effort, Kaabi et al., (2018) employed a Deep Belief Network (DBN) to detect fire smoke, achieving an accuracy rate of 95% using a dataset of 482 images. Although highly accurate, this method is restricted to smoke detection and lacks the capability to recognize flames directly, which may result in delayed response in flame-dominant fire events.

Hu et al., (2018), proposed a novel model based on Deep Convolutional Long-Recurrent Networks (DCLRN), incorporating real-time fire detection through temporal analysis of flame dynamics. His model utilized optical flow techniques to capture flame movement across video frames, trained on approximately 10,000 images extracted from 70 fire video sequences. The system achieved an impressive accuracy of 93.3%. Nevertheless, it exhibited vulnerabilities in distinguishing between flame and other bright light sources, such as reflections or artificial lighting. Hu noted that integrating this model with traditional sensors could help mitigate such false detections by cross-verifying visual cues with environmental data.

In a different approach, Saputra et al., (2017) developed a multi-sensor fire detection system by directly implementing a fuzzy logic algorithm. This system integrated data from various sensors, such as temperature, gas concentration, and smoke density to evaluate fire conditions with improved sensitivity and reliability. Unlike purely vision-based systems, Saputra's hybrid approach showed resilience against false alarms by relying on diverse sensory inputs.

Collectively, these studies underscore the evolution of fire detection from conventional, hardware-limited systems to intelligent, data-driven frameworks. While each approach has its limitations, the fusion of computer vision, neural networks, and multisensor data processing is paving the way for next-generation fire detection systems capable of delivering fast, reliable, and context-aware responses to fire hazards.

Fire Detection through Artificial Intelligence

The integration of Artificial Intelligence (AI) into fire detection systems has introduced a transformative shift in the way fire hazards are identified and managed. Among the AI methodologies, Machine Learning (ML) algorithms have become central to developing intelligent fire detection models. These algorithms apply statistical techniques to analyze complex datasets, enabling systems to learn patterns associated with fire events and make accurate predictions in real time.

ML algorithms can be broadly categorized into shallow learning and deep learning approaches. Shallow learning algorithms include methods such as Support Vector Machines (SVM), decision trees, and K-Means clustering, which are known for their efficiency in structured data analysis. These models are effective for straightforward classification or regression tasks, especially when the feature space is well-defined and limited in dimensionality.

However, for more complex and dynamic environments, such as real-time fire detection in unpredictable conditions deep learning models offer greater flexibility and performance. Techniques such as Deep Neural Networks (DNN) and Convolutional Neural Networks (CNN) have shown significant promise. DNNs are particularly suited for processing and analyzing time-series or sensor data, allowing the system to detect patterns of change over time. This is beneficial for detecting gradual temperature increases or smoke concentrations. Nevertheless, a key limitation of DNNs is their dependency on data accumulation over time, which can delay real-time decision-making during the early stages of a fire.

CNNs, on the other hand, are primarily used for analyzing visual data, making them ideal for applications involving flame and smoke recognition through image or video input. By extracting and interpreting spatial features from images, CNNs can identify the presence of flames, even in complex backgrounds. However, challenges remain, especially when detecting small or newly ignited flames, as the visual features may be too subtle in the initial frames, potentially leading to delayed detection.

To complement the shortcomings of classical ML and DL approaches, fuzzy logic algorithms have also been introduced in fire detection systems. Fuzzy logic provides a way to interpret data that is ambiguous or lacks clearly defined boundaries such as distinguishing between heat generated by fire and non-hazardous thermal variations. By employing membership functions, fuzzy systems assess the degree to which a situation resembles a fire scenario, thereby enhancing decision-making in uncertain environments.

Fire Detection in Laboratory Environments Using IoT Middleware

The integration of Internet of Things (IoT) technology into fire detection systems has revolutionized safety monitoring in complex and high-risk environments such as laboratories. Laboratories are typically equipped with sensitive instrumentation, volatile chemicals, and confined working areas, which necessitate early and accurate fire detection. In this context, IoT middleware plays a crucial role in managing heterogeneous devices, ensuring communication efficiency, and enabling real-time data exchange across fire detection networks.

IoT middleware refers to the suite of protocols and software platforms that facilitate communication between sensors, actuators, and central monitoring systems. In fire detection systems, it enables continuous transmission of data from various fire-related sensors such as

smoke detectors, temperature and gas sensors, and flame detectors. Among the most widely used IoT middleware protocols are MQTT (Message Queuing Telemetry Transport), CoAP (Constrained Application Protocol), HTTP, and XMPP (Extensible Messaging and Presence Protocol) (Klauck and Kirsche , 2012).

MQTT, a lightweight, broker-based protocol standardized by OASIS, is particularly favored in fire detection systems due to its low bandwidth requirements and ability to support numerous device connections. It operates through a publish-subscribe mechanism where data is sent from sensors (publishers) to a central broker, which then relays it to subscribers (e.g., alarm systems, control panels, or cloud storage). However, the broker architecture of MQTT presents scalability and reliability concerns, such as data congestion and single point of failure risks. To mitigate latency caused by packet queuing, the number of device connections per broker is often limited to 1024.

Moreover, MQTT does not natively address Quality of Service (QoS) requirements such as transmission delays or message prioritization—limitations that can hinder its performance in laboratory environments where real-time response is critical. To overcome these issues, DM-MQTT (Distributed Multicast MQTT) has been proposed by Park et al., (2018), enhancing the protocol with multicasting capabilities to better handle multiple subscribers simultaneously and reduce data traffic bottlenecks.

CoAP is another viable alternative for constrained devices due to its UDP-based operation, which allows for quicker transmission with lower overhead, making it suitable for embedded systems in compact laboratory equipment. However, its application is limited by its reduced reliability in complex or lossy networks.

The selection of appropriate IoT middleware for laboratory fire detection systems depends on several factors, including network topology, expected device density, latency tolerance, and the criticality of data integrity. Future implementations may benefit from hybrid middleware architectures, combining the strengths of multiple protocols with edge computing to enable pre-processing of data locally and ensure faster detection of abnormal conditions such as temperature spikes or gas leaks.

3. Chemical accidents

Chemical accidents in laboratories remain a significant concern in both academic and industrial research environments. These incidents often result from a combination of human error, inadequate training, improper storage and handling of hazardous substances, and the absence of robust safety protocols. Despite advances in chemical safety practices, the complex and reactive nature of laboratory chemicals continues to pose inherent risks, which, if not adequately controlled, can lead to severe injuries, property damage, environmental contamination, and even fatalities.

4. The most frequent accident in laboratory

Causes of Accidents in Laboratories

Laboratory accidents can result from a combination of human error, inadequate safety measures, poor laboratory practices, and equipment failure. Understanding the root causes of these incidents is essential to developing strategies to prevent them (Figure 20).

Human Error

Human error is one of the most significant contributors to laboratory accidents. This includes negligence, improper handling of chemicals, lack of attention to detail, and failure to follow established safety protocols. According to the National Research Council (2011), many accidents occur because laboratory personnel are either unaware of or fail to adhere to standard operating procedures. Inadequate training and inexperience further exacerbate this issue, particularly in educational settings where students are less familiar with safety practices..

Improper Storage and Handling of Hazardous Materials

Improper handling or storage of hazardous substances, including flammable, reactive, or toxic chemicals, is a significant cause of laboratory accidents. For instance, storing incompatible chemicals together can lead to dangerous reactions or explosions. The American Chemical Society (2016) underscores the critical importance of proper labeling, segregation, and containment of hazardous materials to reduce these risks. Furthermore, the use of unsuitable containers or failure to routinely inspect chemical storage can result in leaks, spills, or contamination

Deficient Safety Equipment and Infrastructure

Accidents often occur when laboratories are not equipped with proper safety measures. Deficiencies in ventilation systems, such as malfunctioning fume hoods, can expose personnel to harmful fumes or vapors. Similarly, the absence or inaccessibility of emergency equipment like fire extinguishers, eyewash stations, and spill management kits can worsen the severity of incidents. As highlighted by OSHA (2021), inadequate maintenance of safety equipment and infrastructure significantly increases the likelihood of accidents.

Unfamiliarity with Chemicals and Equipment

Insufficient knowledge of chemical properties or improper use of laboratory equipment is another frequent cause of accidents. For example, mishandling pressurized gas cylinders, using damaged glassware, or incorrectly operating high-voltage instruments can result in serious injuries. According to the World Health Organization (2004), comprehensive training on chemical hazards and the correct use of equipment is essential to minimizing these risks.

Complacency and Overconfidence

Overconfidence among experienced personnel is another factor that can compromise safety in the laboratory. This attitude may lead to disregarding safety protocols, neglecting to use personal protective equipment (PPE), or taking unnecessary risks. Research indicates that even highly skilled laboratory workers can make errors when complacency sets in, causing them to underestimate the inherent dangers of their work environment.

Poor Housekeeping Practices

Inadequate housekeeping, including cluttered workspaces, improper waste disposal, and unattended spills, can greatly elevate the risk of accidents. The National Academies Press (2018) emphasizes that maintaining a clean and organized laboratory is crucial to minimizing hazards and ensuring the safety of all personnel.

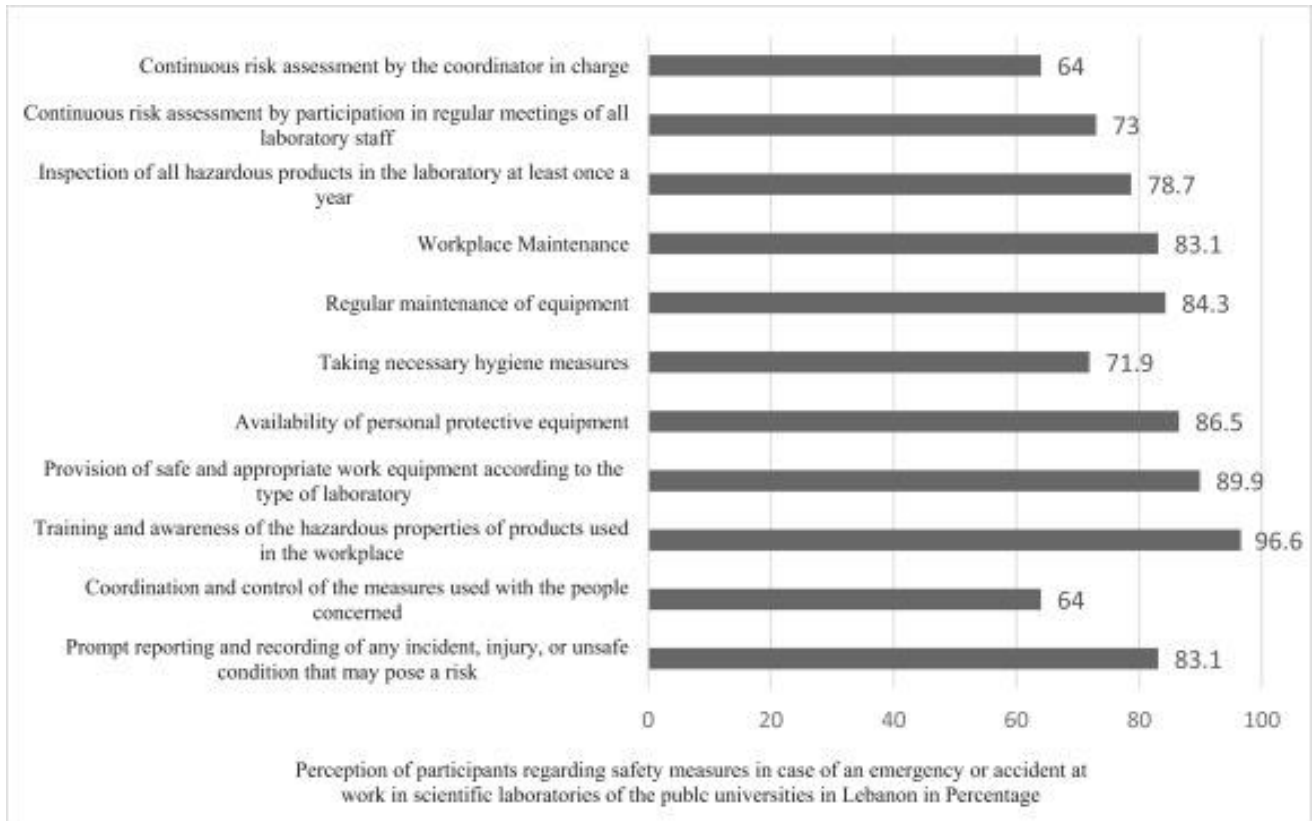


Figure 20: Perception of participants regarding safety measures in case of an emergency or accident at work in scientific laboratories of the public university in Lebanon.(Nasrallah et al., 2022)

Electrical and Mechanical Failures

Laboratory accidents are often caused by faulty wiring, damaged equipment, or improper use of electrical devices. For instance, connecting sensitive equipment to incompatible power supplies can lead to electrical fires or equipment damage. Research highlights the importance of regular maintenance and inspections to proactively identify and mitigate these risks

Electrical risk consequences: Electrical risks can lead to severe consequences, including:
Electric Shock: Contact with live electrical parts can cause serious injuries or fatalities, particularly in construction settings, where a significant percentage of electrical fatalities occur due to direct contact with power lines or tools (Zhao et al., 2015).
Burns: Electrical burns can result from high-voltage exposure (Table 01), leading to long-term health complications (Pechoc et al., 2010).
Fires and Explosions: Faulty wiring or equipment can ignite fires or cause explosions, posing risks to life and property (Safety Culture, 2024).

Table 04: Electrical Currents and Human Body Reactions (Kouwenhoven, 1968)

Electrical current	Human body reaction
1 mA	Just a faint tingle. Threshold of sensation
5mA	Mild shock felt. Disturbing, but not painful. Most people can “let it go”. However, strong involuntary movements can cause injuries.
6-25 mA (Females) 9-30 mA (males)	Painful shock. Muscular control is lost. This is the range where “freezing currents” start. It may not be possible to “let go”
50-150 mA	Extremely painful shock, respiratory arrest (breathing stops), some severe muscle contractions. Flexor muscles may cause intense pushing away. Heart fibrillation possible. Death is possible.
1000-4300 mA (1-4.3A)	Phythmic pumping action of the heart ceases. Muscular contraction and nerve damage occur, death likely.
10000 mA (10 A)	Cardiac arrest and severe burns occur. Death is probable.
150000 mA (15A)	Lowest overcurrent at which a typical fuse or circuit breaker opens a circuit.

5.Prevention

Use Grounded Equipment: Ensure all electrical equipment has a three-pronged, grounded plug to prevent electric shock.

Regular Inspections: Conduct periodic inspections of cords and equipment for frays or damage, removing unsafe items from service immediately.

Avoid Water Contact: Keep electrical equipment away from water sources and do not operate equipment with wet hands or while standing on wet surfaces.

Use Circuit Protection: Install Ground Fault Circuit Interrupters (GFCIs) in areas near water to protect against shocks.

Proper Training: Ensure all personnel are trained in electrical safety procedures and emergency protocols.

Emergency Access: Maintain a clear path to electrical panels and shut-off switches for quick access during emergencies.

Limit Overloading Circuits: Avoid plugging multiple high-draw devices into the same outlet to prevent overheating and fire hazards.

Means of reducing electrical hazards to laboratory equipment with the increasing rates of fires associated with the use of electricity, both in homes and companies, which resulted in deaths, the importance of ways to prevent electricity dangers to save lives and property is highlighted. Below (Jawd and Shallal, 2021):

1. Put safety caps on all sockets that children can reach
2. Replace the damaged wall sockets
3. Ensure that all circuits located near water sources have been secured with ground circuit breakers
4. Ensure that the electrical capacity of all lamps is suitable for the fixtures and that they are working properly
5. Do not leave electrical appliances on when leaving the house
6. Do not leave children alone near electrical appliances
7. Avoid loading the electrical outlet with a large number of devices
8. Ensure that all unused electrical appliances are disconnected
9. Ensure the integrity of the heaters thermostat, regulator and safety valve
10. Ensuring the efficiency of electrical appliances and their compliance with standard specifications.



Figure 21: Emergency Response Procedure for Electrical Accidents in the Laboratory

Emergency Response and Procedures

-For Major Toxic or Flammable Spills in Laboratory Environments

In laboratory settings where hazardous substances are routinely handled, the implementation of structured emergency response procedures is essential to mitigate the risk to personnel, property, and the environment. In the event of a major chemical spill involving toxic or flammable agents, a rapid and coordinated response is required, grounded in established safety protocols and scientific best practices.

Upon the occurrence of such a spill, immediate evacuation of the area must be prioritized. All personnel in proximity to the incident must be promptly notified and instructed to vacate the laboratory to prevent exposure to toxic vapors or the risk of ignition. It is imperative to alert designated emergency contacts, such as the laboratory manager, Departmental Laboratory Personnel (DLP), or technical safety staff, who are trained to manage hazardous material incidents.

Where installed, the activation of emergency shutdown mechanisms; including the main power cutoff and spill response button should be executed without delay to eliminate sources of ignition and limit further spread of the contaminant. If it is safe to do so, laboratory personnel may attempt to contain the spill using chemically compatible absorbent materials, and may place physical barriers to prevent ingress into floor drains, thus limiting environmental contamination. However, containment should only be attempted if there is no imminent threat to human health.

Should the spill exceed containment capacity, or if there is significant danger (e.g., due to volatile vapors or risk of explosion), emergency services must be contacted immediately by dialing 14/ 041 40 31 31 When reporting the incident, provide clear and precise information, including:

- The name of the caller,
- The exact location of the spill within the facility,
- The identity of the chemical(s) involved,
- The estimated quantity released,
- The approximate surface area affected.

These details are crucial for enabling an informed and effective emergency response. Adherence to such scientifically grounded procedures is vital in reducing the potential for harm and ensuring that emergency response teams can intervene with the appropriate resources and protective measures.



Figure 22: Emergency response for major toxic or flammable spills

For Minor Chemical Spills in Laboratory Environments

Minor chemical spills, defined as incidents involving small quantities of hazardous substances that do not pose immediate or severe risk to personnel, must still be managed with precision and adherence to established laboratory safety protocols. Although these spills can typically be addressed without the intervention of emergency responders, a systematic and scientifically informed response is essential to prevent escalation and ensure environmental and occupational safety.

Upon identification of a minor spill, the immediate vicinity should be cleared of all non-essential personnel to limit exposure and potential contamination. If the substance involved is flammable, all ignition sources must be extinguished or deactivated promptly, including Bunsen burners, hot plates, and electrical equipment, to mitigate the risk of combustion or explosion.

Trained personnel such as the Departmental Laboratory Personnel (DLP) or technical support staff should be notified to oversee or assist with the response. Responders must don appropriate personal protective equipment (PPE) based on the chemical's hazard profile typically including gloves, safety goggles or face shields, lab coats, and, if necessary, respiratory protection.

The source of the spill should be isolated or stopped if this can be done safely. Examples include sealing a leaking container, turning off relevant valves, or transferring solvent containers into a flammable storage cabinet to limit volatilization and risk of fire.

The spill containment and cleanup should utilize a laboratory-approved spill kit that includes absorbent pads, neutralizing agents, and disposal materials. If the chemical is corrosive, neutralization agents, such as sodium bicarbonate for acids or citric acid for bases should be used with caution, and only by trained personnel, to prevent secondary reactions.

The cleaning procedure should proceed from the outer edges of the spill inward, effectively minimizing the area of contamination and preventing spread. In cases involving broken glassware, a damp disposable cloth should be used to collect shards safely, reducing the risk of aerosolization or cuts.

Furthermore, any materials used in the cleanup, including absorbents and cloths, must be disposed of in compliance with hazardous waste regulations, and the incident should be documented in the laboratory's chemical safety log, including details of the chemical involved, quantity, actions taken, and personnel responsible.

By adhering to these methodical steps, laboratories uphold a high standard of chemical safety management, aligning with the principles of risk minimization, personnel protection, and regulatory compliance.

For Major Chemical Fires in Laboratory Settings

A major chemical fire within a laboratory constitutes a severe emergency, requiring an immediate, coordinated, and scientifically grounded response to safeguard human life, preserve infrastructure, and minimize environmental contamination. These incidents often involve highly reactive, flammable, or toxic substances that pose significant physical and health hazards, necessitating rapid evacuation, fire suppression activation, and emergency service intervention.

Upon detection of a major chemical fire whether through visible flames, smoke, or heat. All personnel must evacuate the area without delay via the nearest designated emergency exit routes. Evacuation should be conducted in accordance with the laboratory's pre-established

emergency evacuation plan, ensuring that no individual attempts to retrieve personal items or interfere with fire suppression systems.

Concurrently, the fire alarm system must be activated to alert all building occupants and trigger the facility's emergency notification protocols. This may include audible sirens, flashing alarms, and automated notifications to emergency personnel. If the fire alarm is not automatically connected to external emergency services, a manual call to the national fire emergency number (e.g., 14) must be made without delay.

When contacting the fire service, the following critical scientific and logistical information must be clearly communicated:

- Exact location of the fire, including building, floor, and room number.
- Chemical identity and classification of the substances involved (e.g., flammable solvents, oxidizers, pyrophoric reagents, corrosives, or compressed gases), referencing Safety Data Sheets (SDSs) if available.
- Associated hazards such as potential for explosion, toxic combustion byproducts (e.g., cyanide or phosgene gas), proximity to volatile storage cabinets or gas cylinders.
- Presence and condition of any injured personnel, including number of casualties, nature of injuries (e.g., burns, inhalation exposure), and whether any individuals are trapped or missing.

All evacuated personnel should proceed to the designated assembly point, where roll calls are conducted by emergency wardens or supervisors to account for all laboratory staff. Under no circumstances should anyone re-enter the affected area until it has been declared safe by the fire service and institutional emergency response teams.

Following containment and extinguishment of the fire, a comprehensive incident investigation must be undertaken in collaboration with health and safety officers, fire safety engineers, and chemical hygiene officers. This investigation should assess the root cause of the incident, evaluate the effectiveness of the emergency response, and inform future risk mitigation strategies such as improved ventilation systems, enhanced PPE use, and stricter chemical storage protocols.

Through such a scientifically rigorous and protocol-driven response, laboratories can significantly reduce the devastating impact of major chemical fires and foster a culture of proactive risk management and continuous safety improvement.

For Minor Chemical Fires in Laboratory Settings

A minor chemical fire in a laboratory context is defined as a localized, contained ignition event that can be extinguished promptly and safely without placing personnel at significant risk. Such fires may involve small quantities of flammable solvents (e.g., ethanol or acetone), combustible dusts, or low-volume organic compounds typically used in beakers, flasks, or reaction vessels. While considered limited in scope, minor fires still demand immediate and informed action to prevent escalation into hazardous situations.

The first step in addressing a minor fire is to eliminate the heat or ignition source fueling the combustion. This includes immediately turning off heating mantles, hot plates, Bunsen burners, or disconnecting gas lines where safe to do so. The interruption of the heat supply is critical to breaking the fire triangle (heat, fuel, oxygen) and controlling flame propagation.

In the event of a vessel-based fire for instance, a beaker containing burning ethanol, the preferred scientific method for suppression is smothering the flame to eliminate the oxygen component. This can be achieved by:

- Covering the container with a non-combustible object, such as a larger piece of glassware (e.g., a watch glass or crystallizing dish) that fits snugly over the opening.
- Using a laboratory-grade fire blanket, or alternatively a moist towel, which can help absorb heat and restrict oxygen access.
- Ensuring the smothering material does not react with the burning substance or melt under high temperature.

It is imperative that personnel involved in extinguishing the fire wear appropriate personal protective equipment (PPE), including heat-resistant gloves, lab coats, and safety goggles or face shields. If at any point the fire intensifies or spreads beyond the initial vessel, the situation must be reclassified as a major fire, and full evacuation and emergency services must be engaged immediately.

Following successful extinguishment, the affected area must be ventilated to dissipate any residual vapors or combustion byproducts. The incident must be reported to the laboratory supervisor or safety officer, and the cause of the ignition should be investigated to prevent recurrence. This includes reviewing experimental procedures, evaluating equipment functionality, and verifying compliance with fire safety protocols.

By adhering to these scientifically informed and methodical response procedures, laboratories can safely and effectively manage minor chemical fires, thereby upholding high standards of laboratory safety and operational integrity.

For Ocular Exposure to Hazardous Chemicals

Ocular exposure to hazardous chemicals in laboratory environments constitutes a medical emergency that demands immediate, systematic intervention to prevent irreversible damage to the eye tissues. The eye is highly sensitive to chemical insults, and rapid decontamination is essential, especially in the case of alkaline substances, which can penetrate deeply and cause severe injury with minimal initial discomfort.

Upon exposure of the eyes to a chemical substance be it a liquid, solid, or vapor. The affected individual must be escorted immediately to the nearest eyewash station, which should be clearly marked and easily accessible. The injured person should initiate eye irrigation within 10 seconds of exposure to minimize absorption and tissue penetration.

The flushing procedure must involve clean, cool, potable water directed from the nasal region outward to the temporal side of the face to prevent cross-contamination to the uninjured eye. The eyelids must be manually held open to ensure that water reaches the conjunctival sac and corneal surfaces. Continuous irrigation should be sustained for a minimum of 15–20 minutes, with special attention to alkaline chemicals (e.g., sodium hydroxide, ammonia), for which a prolonged rinse of 30 minutes or more is recommended due to their insidious tissue-damaging mechanisms.

During the rinsing process, a colleague or trained responder should consult the Safety Data Sheet (SDS) for the specific chemical involved. The SDS provides substance-specific first aid guidance, such as whether isotonic saline is preferable, or if any contraindicated measures exist. It also informs the next steps in medical evaluation.

Following decontamination, the exposed individual must be referred immediately to medical personnel or emergency healthcare services for comprehensive ophthalmologic examination, even if symptoms appear mild or absent, as damage may evolve over time.

All incidents must be reported without delay to the laboratory supervisor or safety manager, and an incident report should be filed according to institutional protocols. In parallel, a root cause analysis should be initiated to determine whether procedural lapses, PPE failures, or training deficiencies contributed to the exposure, with the goal of preventing future recurrence.

This approach reflects best practices in laboratory safety and emphasizes the integration of immediate response, technical knowledge, and administrative oversight in managing chemical eye exposures.



Figure 23: Emergency response for ocular exposure to hazardous chemicals

For the Management of Chemical Burns in Laboratory Settings

Chemical burns represent a significant occupational hazard in laboratory environments, often resulting from direct contact with corrosive agents such as strong acids (e.g., sulfuric, hydrochloric) or bases (e.g., sodium hydroxide, potassium hydroxide), oxidizers, or reactive organics. Prompt and appropriate medical intervention is critical to mitigate tissue damage, prevent systemic toxicity, and support full recovery.

In the event of a chemical burn, the first step is to identify the physical state of the chemical involved solid or liquid. For dry chemical agents, it is imperative to gently brush off any remaining particulate matter using a clean, dry cloth or soft brush, taking care not to abrade the skin or spread the substance. The use of water before this step should be avoided, as some

chemicals (e.g., quicklime/calcium oxide) react exothermically with water and may worsen the injury.

For liquid chemical exposures, or following the removal of dry particulates, immediate and continuous irrigation of the affected area with cool running water for a minimum of 15 minutes is essential. This should be performed under a safety shower if the exposure involves large surface areas or multiple anatomical regions. Water flushing serves to dilute the chemical, lower skin surface temperature, and remove residual contaminants. Use of ice or excessively cold water is contraindicated, as it may induce vasoconstriction and exacerbate tissue damage.

Contaminated clothing, jewelry, or personal protective equipment must be carefully removed, ensuring that no further chemical contact occurs during removal. Clothing soaked with hazardous chemicals can retain the agent in contact with the skin, increasing the severity and depth of the burn.

Once decontamination is complete, the affected area should be covered with a dry, sterile dressing or a clean cloth, with care taken to avoid excessive pressure or friction that could disrupt damaged skin or exacerbate the injury. Non-adherent dressings are preferred to prevent additional trauma during subsequent medical evaluation.

Throughout this process, it is vital to monitor the patient for signs of systemic shock, which may include hypotension, pallor, cold and clammy skin, irregular breathing, or altered mental status. If shock symptoms are observed, the patient should be laid down, kept warm, and attended to by medical professionals immediately.

Medical evaluation is mandatory following a chemical burn, regardless of perceived severity, due to the potential for delayed tissue necrosis, secondary infection, or systemic absorption of toxic agents. The Safety Data Sheet (SDS) for the involved chemical should be referenced to inform clinical management.

Finally, the incident must be reported to the laboratory manager or supervisor, and a comprehensive documentation and investigation process should follow. This includes reviewing PPE compliance, identifying procedural failures, and reinforcing safety training. Such incidents should also inform updates to the Chemical Hygiene Plan (CHP) and Risk Assessment documentation.

Adherence to these scientifically grounded emergency response protocols not only minimizes immediate harm but also contributes to a culture of safety, preparedness, and accountability within laboratory environments.

For Managing Chemical Ingestion in Laboratory Settings

Chemical ingestion constitutes a serious medical emergency in laboratory environments, with potential consequences ranging from mucosal irritation to systemic toxicity and multi-organ failure, depending on the substance ingested. Prompt, evidence-based response is critical to minimizing harm and preventing complications.

In the event of suspected or confirmed ingestion of a chemical substance, immediate contact with a specialized toxicology resource, such as the Poisons Information Centre, is essential. These centers are staffed by toxicologists and clinical pharmacologists trained to provide accurate, substance-specific medical guidance, including the appropriate decontamination protocols and need for hospital referral.

Inducing vomiting is strongly contraindicated unless explicitly instructed by a toxicology professional. This is due to the risk of re-exposing the esophagus and oral cavity to corrosive agents, potentially worsening the injury, and the risk of aspiration, especially with hydrocarbons or substances that depress the central nervous system. Similarly, oral administration of fluids or neutralizing agents (e.g., water or milk) should not be performed without professional consultation, as some reactions may be exothermic or cause gas release, increasing the risk of gastrointestinal perforation or pulmonary complications.

Upon ingestion, the chemical's identity, concentration, physical state, quantity ingested, and the time elapsed since ingestion must be determined as accurately as possible. This information, ideally supplemented by the Safety Data Sheet (SDS), should be immediately provided to medical responders or poison control personnel.

Concurrently, the affected individual should be monitored closely for signs of distress, such as oral or abdominal pain, vomiting, difficulty swallowing, dyspnea, altered consciousness, or signs of systemic toxicity (e.g., hypotension, seizures). If symptoms are severe or worsening, emergency medical services should be contacted immediately.

It is imperative to isolate the ingested chemical sample and its container, if available, to aid medical personnel in identification and treatment. Any delay in diagnosis due to unknown chemical identity can critically impact patient outcomes.

Following first response actions, the incident must **be** immediately reported to the laboratory manager or supervisor, and formal incident documentation should be initiated. A full incident review and root cause analysis should follow, identifying procedural lapses, deficiencies in training, or PPE non-compliance, with the goal of updating the Chemical Hygiene Plan (CHP) and ensuring future preventive measures.

Education on chemical ingestion protocols, regular risk assessments, and accessible emergency contact information are essential elements in strengthening laboratory safety culture and preventing the recurrence of such high-risk incidents.

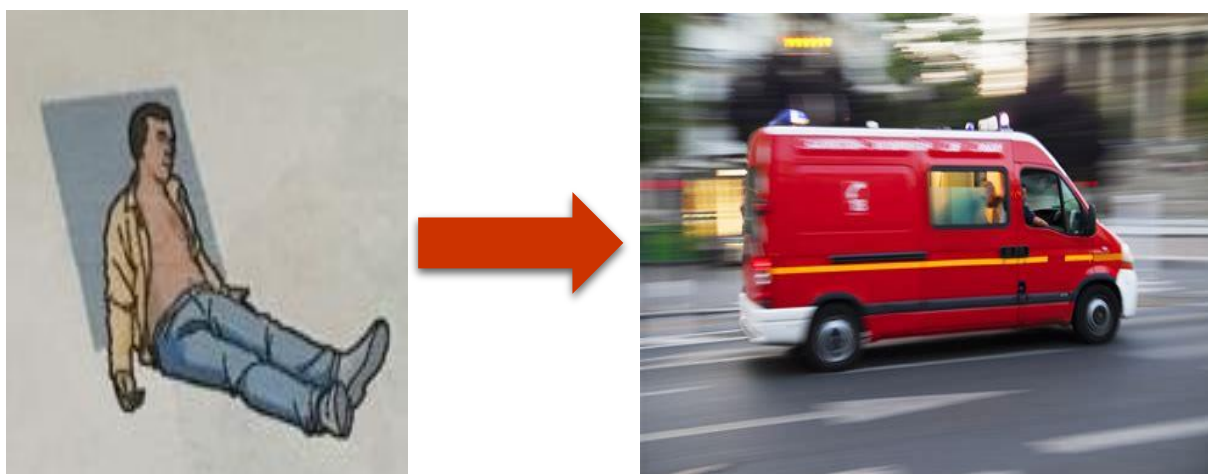


Figure 24: Emergency response for managing chemical ingestion in laboratory settings

6. Fire extinguishing methods

Recently, research attention has increasingly shifted toward the environmental implications of fire suppression strategies, with particular focus on water consumption and the potential adverse effects of extinguishing additives such as firefighting foams on both human health and ecological systems. Lindström et al. (2013), in a study on firefighting practices in Sweden, emphasized a growing concern, stating: “It is alarming that first responders in Sweden use foam more and more when research shows negative effects on both humans and nature.” This observation underscores the urgent need to re-evaluate the widespread use of chemical-based suppression agents. However, environmental considerations extend beyond foam usage. Even

techniques that employ only water are being critically assessed to reduce overall water usage. Adopting low-water extinguishing methods not only mitigates environmental harm and water-related property damage, but also eases the operational strain on municipal and emergency water supply systems, aligning with sustainable firefighting practices (Figure 25).

Different extinguishing equipment with low water consumption

Standard variable nozzle

The standard variable nozzle is a fundamental component of firefighting equipment, widely adopted across fire stations for its versatility and effectiveness. This nozzle is designed to deliver water in a range of spray patterns, from a concentrated jet stream with high kinetic energy and extended reach, to a dispersed, fine mist optimized for surface coverage. The ability to adjust the flow pattern allows firefighters to tailor their extinguishing approach based on the fire class, intensity, and environmental constraints. Traditionally used for general fire suppression, the variable nozzle is now gaining renewed attention in the context of sustainable firefighting practices.

Recent research and operational protocols emphasize the strategic use of the variable nozzle to optimize water consumption during fire suppression. By carefully selecting the appropriate spray pattern and flow rate, it is possible to achieve effective fire knockdown while minimizing the volume of water required. This targeted approach significantly reduces secondary damage, such as water intrusion into structural materials and lowers the risk of contaminant runoff into surrounding ecosystems. Furthermore, precise water application contributes to a more efficient suppression process, reducing both extinguishment time and post-fire rehabilitation costs. In light of increasing environmental concerns and the need for resource-efficient firefighting, the standard variable nozzle stands as a critical tool in balancing fire control efficacy with ecological responsibility.

Conventional equipment

Conventional firefighting equipment encompasses the standard tools and techniques traditionally used in structural fire suppression, including mechanical entry tools, hose lines equipped with standard flexible nozzles, and personal protective gear such as self-contained breathing apparatus (SCBA). One common approach involves the use of a chainsaw or similar mechanical cutting device to breach structural barriers, such as walls or roofs enabling external

access to the fire compartment. Once access is gained, water is applied through flexible hose lines using standard nozzles, typically in full stream or fog patterns depending on the scenario.

In the context of water-efficient fire suppression strategies, the performance of conventional equipment has been critically assessed. The Norwegian study “Slokkemetoder med lite vann” (“Efficient Use of Water for Fire Extinguishing”) by Hox and Bøe (2017) systematically evaluated various extinguishing technologies. Their findings demonstrated that conventional firefighting techniques generally consume larger volumes of water when compared to modern alternatives such as cutting extinguishers, extinguishing spears, and foam-based systems. This elevated water usage can be attributed to less targeted application methods and delayed suppression resulting from indirect access to the fire zone.

Despite their widespread use and operational familiarity, conventional methods may therefore be suboptimal in scenarios where water conservation and minimal environmental impact are critical. However, their robustness, reliability, and adaptability still make them indispensable in many firefighting contexts, particularly in initial attack phases or when advanced tools are unavailable. Moving forward, integrating conventional equipment with modern extinguishing techniques and improved tactical water management may provide a balanced approach that upholds operational efficiency while addressing ecological and structural concerns.

Water Mist

Water mist is an advanced fire suppression technology that has gained increasing attention in recent years due to its efficiency in extinguishing fires while significantly reducing water consumption. Although not a novel concept, its application has expanded from fixed systems to portable firefighting equipment, reflecting the growing emphasis on environmentally sustainable fire control strategies. Water mist operates by dispersing fine droplets of water into the fire-affected area, using either high-pressure or low-pressure systems. High-pressure water mist systems typically generate droplets with diameters below 100 microns, offering superior surface area-to-volume ratios compared to low-pressure alternatives. This fine mist enhances the thermodynamic interaction between the water and the fire, resulting in efficient heat absorption and rapid cooling of combustion zones.

One of the key advantages of water mist lies in its dual mechanism of action. First, the small droplets provide a high total surface area, which maximizes heat transfer from the flame to the

water, leading to effective cooling and suppression of thermal radiation. Second, as these droplets evaporate upon contact with high temperatures, they produce water vapor, which contributes to oxygen displacement. This process reduces the concentration of oxygen available to sustain combustion, creating a localized inert atmosphere that suppresses flame propagation.

However, the effectiveness of water mist systems is highly dependent on the system's pressure configuration, droplet size distribution, and the nature of the fire scenario. While high-pressure systems offer enhanced performance in confined spaces, they require complex infrastructure and are generally more expensive to install and maintain. Low-pressure systems, though less costly, may not deliver the same level of suppression efficiency, particularly for high-intensity fires.

Cutting Extinguisher

The cutting extinguisher is an innovative firefighting tool that integrates mechanical penetration and fire suppression capabilities through the use of high-pressure water jets. Designed to enhance operational safety and efficiency, the cutting extinguisher employs a specially engineered nozzle capable of focusing a water jet at pressures reaching up to 260 bar, provided by a dedicated high-pressure pump typically mounted on a fire engine. This pressurized jet is sufficient to cut through various building materials, including metal, wood, and composite structures, thereby allowing firefighters to access the fire zone without direct exposure to hazardous conditions.

To improve its cutting performance, an abrasive agent (such as garnet or other fine particulate matter) can be added to the water stream. This transforms the system into a hybrid cutting tool, enabling rapid and precise perforation of structural barriers. Once the barrier is breached, the system transitions seamlessly from cutting to suppression mode. The same high-pressure mechanism generates a fine water mist, characterized by microdroplets with a high surface area-to-volume ratio. This mist facilitates efficient heat absorption and promotes rapid cooling of both flames and hot combustion gases, particularly within the smoke layer.

The water mist also contributes to fire suppression by generating steam upon contact with high-temperature surfaces, which displaces oxygen and lowers the partial pressure of flammable gases, thereby hindering the combustion process. Moreover, because the system delivers a controlled and minimal volume of water, it significantly reduces water damage to property and

infrastructure, making it an environmentally favorable alternative to traditional high-flow extinguishing systems.

In operational contexts, cutting extinguishers enhance firefighter safety by enabling a defensive approach penetrating walls or doors from a safe distance to suppress fires before entry. This approach is particularly advantageous in enclosed or high-risk environments, such as chemical storage rooms, industrial settings, or residential compartments with uncertain structural integrity. Ongoing development efforts aim to improve the ergonomics, automation, and adaptability of cutting extinguishers for broader deployment in complex fire scenarios.

Extinguishing Spears

Extinguishing spears represent a targeted fire suppression technology designed to control and mitigate fires in enclosed or hard-to-access compartments with minimal structural disruption. These devices consist of a rigid pipe terminated by a specially engineered nozzle featuring a pointed, often hardened tip. The spear-like design enables firefighters to mechanically drive the apparatus through walls, ceilings, or barriers typically made of wood, plasterboard, or lightweight construction materials without compromising the integrity or functionality of the nozzle itself.

Once the nozzle has breached the compartment wall, the system delivers a low-pressure water mist directly into the combustion zone. This mist, composed of fine droplets, rapidly absorbs heat due to its high surface area, leading to a localized temperature reduction and partial displacement of oxygen via steam generation. These combined mechanisms contribute to flame suppression, smoke layer cooling, and a significant reduction in re-ignition potential.

Extinguishing spears are particularly effective in compartment fires, such as those occurring in residential buildings, vehicles, or storage facilities, where direct access to the fire source may pose a hazard to personnel. By facilitating indirect attack from a safe position outside the fire room, extinguishing spears reduce the need for immediate interior entry, thereby enhancing firefighter safety and minimizing exposure to extreme thermal radiation and toxic combustion byproducts.

From an operational standpoint, extinguishing spears are lightweight, portable, and simple to deploy. They require connection to a standard hose line and typically operate at low pressure, making them compatible with conventional fire service equipment. Their use is especially

valuable in scenarios where time is critical, and pre-entry cooling is needed to prevent flashover or to support subsequent interior attack operations.

Moreover, extinguishing spears offer significant environmental and economic advantages by limiting water consumption and reducing secondary water damage. Current research efforts are focused on optimizing nozzle geometry, mist dispersion patterns, and spear ergonomics to improve their efficiency and versatility in diverse firefighting contexts.

Extinguishing foam

Extinguishing foam plays a crucial role in modern fire suppression, particularly in scenarios involving flammable liquids and combustible materials. Unlike water alone, foam enhances firefighting efficacy by lowering the surface tension of water, which improves its wetting ability and allows it to adhere more effectively to vertical or uneven surfaces. This characteristic contributes significantly to the cooling of hot surfaces and provides a barrier that shields them from heat radiation. Furthermore, certain types of foam possess the capacity to reduce the likelihood of re-ignition by forming stable films over fuel surfaces, thus suppressing the release of flammable vapors.

Foam suppresses fire through several mechanisms: it smothers the flames by separating the fuel from the oxygen, cools the affected surfaces through enhanced heat absorption, and suppresses vapor formation from volatile substances. Depending on the fire scenario and fuel type, several categories of firefighting foam are employed. Aqueous Film Forming Foam (AFFF) is commonly used for hydrocarbon-based fires due to its ability to spread rapidly over liquid fuels and suppress vapor emissions. Alcohol-Resistant AFFF (AR-AFFF) is specifically formulated to combat fires involving polar solvents, which would otherwise break down standard foams. Protein-based foams, made from hydrolyzed proteins, offer strong resistance to heat and are commonly used in industrial tank fires. Synthetic foams, including those used for high-expansion applications, are often employed in confined environments such as hangars, where large volumes of foam are required to fill space quickly. Fluorine-Free Foams (F3), meanwhile, are an emerging class designed to reduce environmental impact while maintaining effective suppression capabilities. These foams are particularly relevant in the context of increasing scrutiny over chemical additives such as PFAS.

Despite their operational benefits, firefighting foams also present certain limitations. One significant drawback is the slipperiness they create on surfaces, increasing the risk of injury for first responders. Moreover, foam residue can hinder post-incident fire scene investigations, as it obscures burn patterns and materials until it fully disintegrates. Additionally, foam streams typically have a shorter throw distance than water jets, potentially limiting their reach in some fire conditions.

From an environmental perspective, concerns have risen over the composition of many widely used foams, especially those containing per- and polyfluoroalkyl substances (PFAS). These chemicals are persistent in the environment, bioaccumulative in living organisms, and linked to adverse health outcomes such as cancer and endocrine disruption. A study conducted in Sweden highlighted the increasing reliance on foam by first responders, warning that many foams currently in use still contain high concentrations of PFAS, despite known ecological risks. As a result, the transition toward PFAS-free alternatives, such as F3 foams, is gaining momentum, supported by regulatory efforts and environmental guidelines aimed at reducing long-term contamination.

Generally, all fire extinguishers provided must have been tested by an accredited expert. This must be shown on the fire extinguisher itself by means of a valid test label or tag. All fire extinguishers must be placed in clearly visible and continuously accessible locations in such a way that they cannot topple over and must be labeled in accordance with ASR A1.3.



- Powder
- Foam
- Water



Fires involving solid materials, mainly of an organic nature, which normally form flames and embers on burning

Powder extinguisher with ABC powder

Water and foam extinguisher



- Powder
- Foam
- CO₂



Fires involving liquids or melting materials

Powder extinguisher with BC and ABC powder

Foam extinguisher

CO₂ extinguisher



- Powder



Fires involving gases (e.g. propane, butane etc.)

Powder extinguisher with BC and ABC powder

Figure 25: Instruction Sheet “Fire extinguishers” (Anonyme, 2025)



Fires involving metals
(e.g. magnesium, aluminum swarf)

● Powder



Powder
extinguisher
with D powder



Fires involving fat and oil,
extinguisher marked orange

● Foam



Figure 25: Instruction Sheet “Fire extinguishers” (Anonyme, 2025)

Table 05: Suitability of fire extinguishers (Anonyme, 2025)

Extinguishing agent		Fire classes				
Former Code letter		A	B	C	D	F
Water or aqueous solutions	W		1		2	3
Water mist	W				2	
Foam	S				2	3
BC powder	P					
ABC powder	PG					
Metal fire powder	PM					
Carbon dioxide CO ₂	K				2	
Cooking oil/fat fire extinguisher agent	F		4		2	

● suitable ; ● not suitable

1: Risk of fire spreading
 2: Risk of an explosive reaction
 3: Risk of an cooking oil /fat explosion
 4: Suitable for cooking oil/fat extinguishers of class A B F

7. Evacuation procedures

The spatial configuration of laboratories characterized by confined workspaces, narrow passageways, and limited exit points makes the management of fire incidents more challenging. As a result, a comprehensive approach to fire safety in laboratories is critical, involving risk

identification, preventive strategies, rapid detection, and the implementation of well-defined evacuation procedures.

One of the most common causes of fire in laboratories is uncontrolled chemical reactions, particularly those involving volatile organic solvents or incompatible reagents. Equipment malfunction, such as electrical short circuits in heating devices or aging infrastructure, can also trigger fires. Furthermore, improper storage of flammable materials near heat sources or failure to follow standard operating procedures may contribute significantly to fire incidents. In many cases, human error including negligence during the use of open flames or mishandling of hazardous materials is a key factor in fire initiation. Once ignited, laboratory fires can escalate quickly due to the presence of accelerants, making rapid detection and response essential.

In the event of an accident, the following steps must be followed systematically:

Initial Alert

The *Initial Alert* phase represents the crucial first step in any laboratory evacuation protocol. It begins the moment an emergency situation is detected and sets into motion the necessary actions to protect human life and minimize damage. In laboratory environments, emergencies may arise from chemical spills, fires, gas leaks, equipment malfunctions, or unexpected reactions. Prompt recognition of these hazards is essential. Personnel must be trained to identify signs such as smoke, unusual odors, alarm sounds, or abnormal readings from monitoring instruments. Once an emergency is perceived, immediate notification is vital. The nearest manual alarm must be activated without hesitation, ensuring that all building occupants are alerted. In addition, verbal warnings may be necessary to inform individuals in adjacent spaces who may not yet be aware of the danger. Simultaneously, designated personnel must contact emergency services using internal protocols, often through a specific emergency number, to ensure a coordinated external response.

The laboratory safety officer (LSO) or supervisor must be informed as quickly as possible. The LSO plays a central role in validating the situation, initiating the evacuation plan if necessary, and overseeing the response process. In some cases, particularly if the incident is localized and manageable, the LSO may advise containment measures instead of immediate evacuation. However, if evacuation is required, the building's alarm system should be activated either automatically or manually, depending on the design. At this stage, all communication

systems—such as public address announcements, mobile alerts, and visual alarms—should be employed to reach all staff, including those with hearing impairments.

The effectiveness of the Initial Alert phase depends heavily on prior planning, familiarity with protocols, and the availability of clear communication tools. Drills and simulations help reinforce these procedures, ensuring that all personnel understand how to respond promptly and efficiently. In emergency situations, the speed and clarity of the initial response can determine the overall success of the evacuation effort and the safety of everyone involved.

Immediate Response

The *Immediate Response* phase follows the initial alert and involves the swift and orderly actions taken by laboratory personnel to secure themselves and the environment before full evacuation. Once an emergency is confirmed and the alarm is activated, individuals must stop all ongoing laboratory operations immediately, particularly those involving open flames, volatile chemicals, or electrical equipment. If conditions permit and without putting themselves at risk, personnel should stabilize any potentially dangerous experiments or equipment to prevent escalation of the hazard. Quick decisions must be made, prioritizing personal safety while minimizing further risk to the facility. Laboratory workers should don any necessary personal protective equipment (PPE) during evacuation, especially if chemical vapors, smoke, or biological contaminants are present. Assisting injured, disabled, or disoriented individuals is also part of this critical phase, but such efforts must be conducted without compromising the safety of others. Doors to affected areas should be closed, but not locked, to contain fire or hazardous substances and to facilitate control by emergency responders. This stage requires calm, practiced behavior under pressure, which can only be achieved through prior training and regular emergency drills. Proper execution of the Immediate Response phase is essential to reducing casualties and preventing the worsening of the situation before emergency services arrive and assume control.

Role of the Laboratory Safety Officer

The *Laboratory Safety Officer (LSO)* plays a vital role in the coordination and execution of evacuation procedures during emergency situations in laboratory settings. As the designated authority for safety oversight, the LSO is responsible for initiating the evacuation protocol once

an incident has been confirmed, ensuring that all personnel are promptly alerted and that emergency systems, such as alarms and containment mechanisms, are activated. During the evacuation, the LSO supervises the safe and orderly exit of occupants, verifies that critical safety steps such as shutting down dangerous equipment or securing hazardous materials are taken when possible, and ensures that no one is left behind. The LSO also serves as the primary liaison between the laboratory personnel and emergency response teams, providing vital information about the nature of the hazard, the location of the incident, and any individuals who may require assistance. After the evacuation, the LSO conducts a headcount at the designated assembly area and documents all relevant details of the event for incident reporting and future safety assessments. The effectiveness of the LSO's role depends on prior training, familiarity with emergency protocols, and strong leadership under pressure. Their actions are critical in reducing confusion, limiting exposure to hazards, and maintaining a controlled response during laboratory emergencies.

Activation of the Evacuation Plan

The *Activation of the Evacuation Plan* marks the official transition from emergency recognition to full-scale response in a laboratory setting, ensuring the coordinated and safe withdrawal of personnel from a hazardous environment. Once an incident is confirmed—such as a chemical spill, fire, gas leak, or equipment failure—the designated authority, typically the Laboratory Safety Officer or facility supervisor, must immediately activate the evacuation plan according to institutional safety protocols. This involves triggering the building's alarm system, notifying emergency response teams, and initiating any automated safety systems such as fire suppression or ventilation shutdowns to contain the hazard. Clear communication is essential during this phase; public address systems, visual alarms, and mobile alerts are used to inform all occupants of the need to evacuate. The evacuation routes, previously defined in the laboratory's emergency plan, must be followed strictly to avoid high-risk zones and ensure orderly flow toward designated assembly areas. All laboratory personnel are expected to abandon non-essential tasks, follow exit procedures calmly, and assist others when necessary. Activation of the evacuation plan requires prior planning, regular drills, and comprehensive knowledge of laboratory layouts and potential hazards. This phase is critical in minimizing exposure, preventing panic, and allowing emergency services to take control of the situation efficiently.

Finally, it is important to emphasize the need for laboratories to comply with national and international fire safety regulations. Standards such as the Occupational Safety and Health

Administration (OSHA) guidelines, the National Fire Protection Association (NFPA) codes and local fire safety ordinances must be strictly followed. Compliance involves not only the physical setup of fire safety systems but also the training of personnel in fire response and evacuation.

Use of Complementary Evacuation Systems in Emergency Situations

In certain specialized or high-risk environments such as industrial facilities, laboratories handling hazardous materials, or high-rise buildings conventional evacuation routes may prove insufficient or temporarily inaccessible during emergencies such as fires, chemical spills, or structural failures. In such cases, complementary evacuation systems offer critical alternatives that enhance safety and facilitate the rapid egress of personnel. These auxiliary systems are integrated into emergency preparedness protocols in accordance with international safety standards and building regulations.

Caged ladders (also known as fixed vertical ladders with hoops or crinolines) are commonly installed on the exteriors of tall structures or silos. They provide a secure vertical descent path and are designed to prevent falls through surrounding metal hoops, increasing stability during evacuation. **Foldable rigid ladders**, on the other hand, offer a space-saving and rapidly deployable alternative, often used in areas where permanent installations are impractical due to spatial constraints.

In addition to ladders, **evacuation sleeves** (also referred to as rescue chutes or evacuation tubes) are flexible, enclosed passageways typically made from flame-retardant and durable materials. These are particularly effective for rapid, controlled descent from elevated positions such as upper floors of buildings or aircraft. Similarly, **evacuation slides** or **toboggans** are used for high-volume, high-speed evacuation especially in aircrafts or emergency training facilities and can accommodate individuals of varying mobility levels.

The selection and implementation of these systems depend on a comprehensive risk assessment that takes into account the building's layout, the population's characteristics (e.g., disabled access), and the types of hazards present. Regular maintenance, functional testing, and staff training are essential to ensure these systems operate reliably during emergencies. When integrated into a well-designed evacuation strategy, complementary means such as caged ladders, foldable ladders, sleeves, and toboggans significantly enhance the resilience and responsiveness of safety infrastructure.

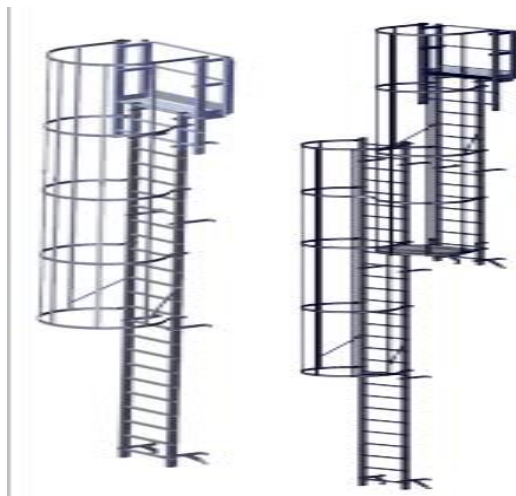


Figure 26: Evacuation procedures

General conclusion

General conclusion

In summary, the course “*Hygiene and Safety in the Laboratory*” provides a comprehensive and multidisciplinary framework that integrates theoretical knowledge with practical laboratory applications, ensuring that students acquire a deep understanding of biosafety and risk management within the context of plant biotechnology and genomics. Through the systematic exploration of hygiene protocols, chemical and biological hazard control, radiation safety, and emergency response strategies, the course fosters the development of a proactive safety culture grounded in scientific rigor and ethical responsibility.

By mastering these concepts, students are equipped not only to comply with international and national safety standards but also to critically assess and optimize laboratory practices in research and diagnostic environments. The course thus contributes to shaping competent, responsible, and safety conscious biotechnologists capable of addressing the evolving challenges of modern laboratory science. Ultimately, this pedagogical approach reinforces the essential linkage between scientific innovation, human health protection, and environmental sustainability, core pillars of contemporary bioscience education and professional excellence.

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