

### Training program offer

(LMD) in sports science and physical activities(STAPS)

- **Specializations :**

- Physical education and sport (licence, master, and doctorat) Sports (licence, master)

- **Option (sports specializations) :**

- Individual specializations
- Swimming
- Gymnastics
- Athletics
- Judo

- **Team sport specializations**

- Handball
- Football
- Volley-ball
- Basket-ball

- **Career opportunities**

- Teaching in a school setting
- Sports coaching in a club setting
- Facilitation in various settings

### Educational teaching program

- Common core in sport science and technology of physical activities

SEMESTER 1	Teaching units	Teaching units
	English 1	History and philosophy of APS (physical and sport activities) - Introduction of the field of STAPS 1
	Athletics1	Anatomy Research methodology
	Gymnastics1	- sport psychology
	Basketball	Biochemistry

SEMESTER 2	Teaching units	Teaching units
	Athletics 2	General physiology
	Morphology	Techniques and tools of scientific research
	Gymnastics 2	Sport sociology
	swiming	Science of education
	Volley ball	Introduction of the field of STAPS 2

SEMESTER 3	Teaching units	Teaching units
	Physical culture 1	Football
	Judo	Developmental psychology
	Handball	Measurement and sport evaluation
	Applied statistics	Education didactics in physical and sport activities
	Biomechanics	English for specific purposes (ESP)

SEMESTER 4	Teaching units	Teaching units
	Physical culture 2	Sports injuries and first aid
	Karate	Practical pedagogy
	FootBall	Theories and methodology of physical education
	Research project	Application and technological programs in sport
	Physiology and sport performance	Professional ethics

- **Physical and sport education**

Specialization : Education and motor skills

SEMESTER 5	Teaching units	Teaching units
	Team sport 1	Talent selection and sports career guidance
	Individual sport 1	Teaching methods and techniques
	Motor skills	Entrepreneurship in sport
	Practical internship 1	Teaching and training program
	Teaching units	Teaching units

SEMESTER 6	Teaching units	Teaching units
	Team sport 2	Practical internship 2
	Individual sport 2	Thesis or dissertation

- **Sports training**

Competitive sports training track

SEMESTER 3	Teaching units	Teaching units
	Physical culture 1	Theories and methodology of physical education
	Judo	Developmental psychology
	Handball	Education didactics in physical and sport activities
	Applied statistics	Measurement and sport evaluation
	Biomechanics	English for specific purposes (ESP)

Teaching units		Teaching units	
Football	Research project		
Karate	Application and technological programs in sport		
Physical culture 2	Physiology of physical effort and sports		
Planning and programming of sports training	Sports injuries and first aid		
Pédagogie pratique	Professional ethics		

#### • Physical and sport education

Specialization : Education and motor skills

Teaching units		Teaching units	
Team sport 1	Talent selection and sports career guidance		
Individual sport 1	Teaching methods and techniques		
Motor skills	Entrepreneurship in sport		
Practical internship 1	Teaching and training program		
Teaching units	Teaching units		

Teaching units		Teaching units	
Team sport 2	Practical internship 2		
Individual sport 2	Thesis or dissertation		

## Doctoral training

Total number of doctoral students : 32  
Number of supported students : 16

N	Project manager	Course title	domain	field	specializations	Academic year	Students number	Number of supported students
01	Mr GASMI BACHIR	Physical activity and sports for children and adolescents	STAPS	Educational physical activity and sports	Physical activity and sports for children and adolescents	2015/2016	6	6
02	Mr LOUH HICHEM	Competency based teaching in physical education and sports			Competency based teaching in physical education and sports	2016/2017	5	3
03	Mr MEHDI MOHAMED	Activity physical activity for special populations			Activity physical activity for special populations	2017/2018	3	
04	Mr LOUH HICHEM	Competency based approach in physical education and sports			Competency based approach in physical education and sports	2017/2018	3	
05	Mr GASMI BACHIR	Physical activity and sports for children and adolescents			Physical activity and sports for children and adolescents	2017/2018	3	
06	Mr MEHDI MOHAMED	Physical activity sports and students health			Physical activity sports and students health	2018/2019	3	
07	Mr MEHDI MOHAMED	Physical activity sports and students health			Physical activity sports and students health	2019/2020	3	

### Laboratory of physical activity and sports of children and adolescents

• Laboratory Director Mr GASMI Bachir

Laboratory Team Leaders

• Mr GASMI BACHIR

Team of physical activity and sports for children and adolescents as a factor of academic success.

(A.P.S.E.D.R.S)

• Mr MEHDI MOHAMED

Team of physical activity and sports for children and adolescents with disabilities as a factor of social inclusion. (A.P.S.E.A.H.I.S)

• Mr LOUH HICHEM

Team of physical activity and sports for children and adolescents as a factor of physical health. (A.P.S.E.A.S.P)

• Mr SEGHIR NOUREDDINE

Team of physical activity and sports for children and adolescents as a fundamental factor for high-level sports. (D.A.P.S.E.A.B.S.H.N)

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Université d'Oran Sciences et de la Technologie « Mohamed BOUDIAF »



### TRAINING PROGRAM OFFER



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